



ASA East Region 2009 Winter Championships (25m)

(Under ASA Laws & ASA Technical Rules)

Saturday 7th & Sunday 8th November

Licensed Meet - No. ERX927



EVENT 201 Mens 200m Backstroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Ryan SEARLES	16	Hatfield	2:03.82	692	28.49	59.33	1:31.13
2.	John SARGENT	23	Co Cambridge	2:04.74	677	28.93	1:00.20	1:32.41
3.	Alexander BAKER	16	Hatfield	2:05.91	658	28.55	59.89	1:32.53
4.	Liam KNIGHT	15	Co Peterboro	2:07.05	640	29.55	1:01.69	1:34.34
5.	David KELLEWAY	16	Bishop Stort	2:09.86	600	30.03	1:02.58	1:36.24
6.	Daniel SMITH	16	Lstof & OB	2:11.21	581	30.18	1:03.12	1:37.30
7.	Elliot COOK	15	teamipswich	2:12.12	569	30.84	1:04.19	1:38.50
8.	Caleb HUGHES	13	Mid Beds	2:12.20	568	31.39	1:04.62	1:38.88
9.	Conor HARROLD	16	Thurrock	2:12.22	568	31.56	1:04.93	1:38.93
10.	Matthew DAVIES	18	UEA Norwich	2:12.33	567	30.81	1:03.51	1:37.65
11.	Jason DANIELS	17	Thurrock	2:12.80	561	31.82	1:05.23	1:38.94
12.	Alexander DELICATA	15	Thurrock	2:13.14	556	31.56	1:05.23	1:39.85
13.	Jack SPENCE	14	Watford	2:14.67	538	31.39	1:05.72	1:40.65
14.	Jack BARTLETT	14	St Felix Sch	2:15.23	531	31.51	1:05.37	1:40.32
15.	Kilian KORTH	14	teamipswich	2:15.34	530	31.51	1:05.53	1:40.71
16.	Thomas QUINTON	17	UEA Norwich	2:15.35	530	32.01	1:05.73	1:40.32
17.	Daniel McAULIFFE	15	Hatfield	2:16.18	520	31.60	1:05.87	1:41.30
18.	Richard JEFFERIES	14	Co Cambridge	2:16.62	515	31.49	1:05.89	1:41.74
19.	Samuel MUNRO	16	St Felix Sch	2:17.23	508	31.15	1:05.29	1:41.73
20.	Lewis HUGHES	15	UEA Norwich	2:17.35	507	33.26	1:08.06	1:43.02
21.	Thomas HOLLINGSWORTH	21	UEA Norwich	2:18.15	498	32.23	1:07.30	1:43.20
22.	Charlie HAYES	15	Thurrock	2:19.29	486	33.11	1:08.13	1:44.09
23.	Oliver WILBY	18	UEA Norwich	2:19.31	486	31.69	1:06.13	1:42.01
24.	Matthew WOOLDRIDGE	18	UEA Norwich	2:19.85	480	32.87	1:08.03	1:44.19

EVENT 202 Womens 200m Backstroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Ellis JACKSON	15	St Felix Sch	2:17.53	713	31.68	1:06.32	1:41.99
2.	Sophie DRAKE	16	Canvey Isl	2:19.19	688	32.60	1:07.52	1:43.66
3.	Whitney BUCKLER	16	Lstof & OB	2:21.04	661	32.82	1:08.65	1:44.85
4.	Flora HANSON	15	Hatfield	2:22.60	640	31.63	1:06.96	1:44.82
5.	Robyn BALL	17	St Felix Sch	2:22.64	639	33.53	1:09.70	1:46.54
6.	Marcella ARIS	14	UEA Norwich	2:22.71	638	33.97	1:10.44	1:46.71
7.	Bethan BOTTOMLEY	14	West Suffolk	2:23.40	629	33.10	1:09.37	1:46.25
8.	Holly BATEMAN	14	UEA Norwich	2:24.35	617	34.69	1:10.75	1:47.64
9.	Kimberley ANASTASIOU	14	UEA Norwich	2:24.53	615	34.66	1:11.04	1:48.02
10.	Hazel PICKFORD	16	Hatfield	2:24.88	610	33.10	1:09.02	1:46.73
11.	Georgie SMITH	16	Harpden	2:25.66	600	34.11	1:10.79	1:48.21
12.	Carolyn ASTBURY	17	Watford	2:26.13	595	35.00	1:11.72	1:49.19
13.	Charlotte BLACKSLEY	15	Mid Beds	2:26.28	593	34.56	1:10.94	1:48.88
14.	Chloe DAVIS	15	Runnymede	2:27.09	583	34.45	1:11.68	1:49.88
15.	Grace LEE	14	Bishop Stort	2:27.10	583	35.19	1:12.92	1:50.72
16.	Sian LOCKETT	13	Hatfield	2:28.13	571	34.06	1:11.46	1:50.42
17.	Poppy INGLESON	14	UEA Norwich	2:28.45	567	35.20	1:13.17	1:51.17
18.	Charlotte HARRISON	14	Co Peterboro	2:28.50	567	34.43	1:11.61	1:49.83
19.	Emily HAWES	18	Lstof & OB	2:28.73	564	34.64	1:11.23	1:49.48
20.	Emily PRIOR	18	Deben	2:28.75	564	35.10	1:12.61	1:51.67
21.	Bethany FREEMAN	13	Co Peterboro	2:29.00	561	34.68	1:12.61	1:51.32
22.	Yasmin BITHREY	15	Mid Beds	2:29.03	561	35.11	1:13.22	1:51.44
23.	Brogan PLUMMER	15	Hatfield	2:29.23	558	34.20	1:11.41	1:50.18
24.	Charlotte REID	14	Hatfield	2:29.51	555	34.52	1:12.94	1:51.72
25.	Katie TAVENER	15	Mid Beds	2:29.52	555	35.48	1:13.51	1:52.00
26.	Eleanor NEWELL	16	West Norfolk	2:29.77	552	35.52	1:13.43	1:51.74
27.	Molly NORMAN	13	Co Peterboro	2:30.04	549	35.64	1:13.61	1:51.97
28.	Charlotte DELICATA	17	Thurrock	2:31.49	534	35.67	1:13.56	1:52.67
29.	Amy STEWART	15	Watford	2:31.76	531	36.64	1:15.48	1:54.14
29.	Georgina FREEMAN	16	Co Peterboro	2:31.76	531	34.96	1:12.97	1:52.27
31.	Nina WISEMAN	16	Braintree	2:31.93	529	35.69	1:14.02	1:53.32
32.	Shannon HARROLD	18	Thurrock	2:32.55	523	36.63	1:15.07	1:53.94
33.	Gemma BARTLE	13	teamipswich	2:35.03	498	35.58	1:14.33	1:54.63
34.	Emily COOK	15	Co Peterboro	2:35.23	496	35.36	1:14.39	1:54.94
35.	Emma CASSIDY	12	Thurrock	2:36.89	480	36.28	1:14.73	1:55.91
36.	Kerriann CHIPPERFIELD	16	Thurrock	2:37.79	472	36.63	1:16.32	1:56.76

EVENT 203 Mens 100m IM

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	David GODRIDGE	16	Watford	59.33	674
2.	James ALLCHORNE	20	Hatfield	59.71	662
3.	Charles WALKER	19	Co Peterboro	1:00.96	622
4.	Lewis COLEMAN	17	teamipswich	1:01.55	604
5.	Samuel MUNRO	16	St Felix Sch	1:01.64	601
6.	Justin LANGFORD	19	Hatfield	1:02.44	579
7.	Jack HOLLIS	15	teamipswich	1:02.72	571
8.	Andrew WEATHERITT	18	St Ives	1:03.01	563
9.	Samuel BRIGGS	16	Modernians	1:03.42	552
10.	Jason DANIELS	17	Thurrock	1:03.43	552
11.	Wade GRIFFITHS	16	teamipswich	1:03.53	549
12.	Stuart KIRK	22	Mid Beds	1:03.82	542



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13. Mark COLLINS	16 West Norfolk	1:03.83	542
14. Sean LEAHY	19 Hatfield	1:03.94	539
15. Ho-On TO	21 Co Cambridge	1:04.44	526
16. Luke WESTWOOD	19 Co Cambridge	1:04.95	514
17. Simon WEIGHELL	16 Flitwick	1:05.03	512
18. Edward ALLCHORNE	15 Hatfield	1:05.09	511
19. Thomas STOKES	16 Co Peterboro	1:05.32	505
20. Luke WALSH	16 UEA Norwich	1:05.56	500
21. Ewan CAMERON	20 Hatfield	1:05.61	499
22. Alasdair KERR	16 Mid Beds	1:05.91	492
23. Chris TITTERINGTON	18 West Suffolk	1:06.00	490
24. Christian STOKES	16 St Neot Swan	1:06.02	489
25. Alex MURRAY	16 West Norfolk	1:06.29	484
26. Tim RIVIERE	16 Co Cambridge	1:06.35	482
27. Thomas WINDER	15 Flitwick	1:06.37	482
27. Adam OAKMAN	19 Co Cambridge	1:06.37	482
29. Mark THOMPSON	20 Chatteris	1:06.43	480
30. Thomas HARRISON	27 Stowmarket	1:07.00	468
31. Sebastian WATERS	18 UEA Norwich	1:07.69	454
32. Ryan CURRELL	20 Dunstable	1:08.50	438

EVENT 204 Womens 100m IM

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Katie AMBRIDGE	19	Hatfield	1:06.09	724
2.	Sophie CHAMBERLAIN	17	St Felix Sch	1:06.10	724
3.	Alice TENNANT	16	teamipswich	1:06.95	697
4.	Alexandra HARRISON	15	St Felix Sch	1:07.49	680
5.	Charlotte OVENDEN	15	Modernians	1:09.12	633
6.	Heather RODWELL	15	teamipswich	1:09.39	626
7.	Grace LEE	14	Bishop Stort	1:10.58	595
8.	Chloe DAVIS	15	Runnymede	1:10.62	594
9.	Emily RIDOUT	16	Hatfield	1:10.74	591
10.	Ellen OXBROW	14	teamipswich	1:11.00	584
11.	Molly NORMAN	13	Co Peterboro	1:11.94	562
12.	Riasa DOUGLAS-COLLOW	17	St Felix Sch	1:12.22	555
13.	Zara BAILEY	13	Co Peterboro	1:12.44	550
14.	Emily PRIOR	18	Deben	1:13.08	536
15.	Eleanor PIRRIE	12	Runnymede	1:13.35	530
16.	Katie SYKES	16	West Norfolk	1:14.26	511
16.	Tamara RICHARDS	16	Huntingdon	1:14.26	511
18.	Christie BAYS	13	Hatfield	1:14.31	509
19.	Fionnuala MAHER	14	Mid Beds	1:14.45	507
20.	Sophie DEMETRIADES	15	teamipswich	1:14.66	502
21.	Bryony ROWSEL	16	Co Cambridge	1:14.69	502
22.	Emma WARRINGTON	16	Hoddesdon	1:14.73	501
23.	Ellen WILLIAMS	14	Co Peterboro	1:14.76	500
24.	Evangelina TAYLOR	13	teamipswich	1:14.88	498
25.	Cathryn THOMSON	19	St Ives	1:14.99	496
26.	Zoe SMITH	18	Luton	1:15.04	495
27.	Jessica JACKSON	12	Mid Beds	1:15.76	481
28.	Eleanor NEWELL	16	West Norfolk	1:16.54	466

EVENT 205 Mens 50m Freestyle

Full Results

Place	Name	AaD	Club	Cat.	Time	FINA Pt
1.	David GODRIDGE	16	Watford		23.87	667
2.	Adam INGLEDEW	16	Hatfield		23.90	665
3.	Andrew WEATHERITT	18	St Ives		23.94	662
4.	Alexander RUST	19	Hatfield		23.95	661
5.	Aaron LYNCH	15	teamipswich		24.14	645
6.	Charles WALKER	19	Co Peterboro		24.17	643
7.	Kevin PICKARD	21	Hatfield		24.40	625
8.	Reece BARCLAY	18	Hatfield		24.42	623
9.	Samuel BRIGGS	16	Modernians		24.48	619
9.	Stuart KIRK	22	Mid Beds		24.48	619
11.	Jonathan POOK	21	Hatfield		24.60	610
12.	Samuel MUNRO	16	St Felix Sch		24.63	608
13.	Ashley BUCK	29	Sudbury		24.70	602
14.	Mark LEAMON	22	UEA Norwich		24.90	588
15.	Troy LYNCH	18	teamipswich		24.93	586
16.	Nathan HENDERSON	17	Lstof & OB		25.24	565
17.	James SUTHERLAND	17	Hatfield		25.25	564
18.	Ricky JONES	15	Watford		25.28	562
19.	Mark COLLINS	16	West Norfolk		25.29	561
19.	Ryan SKEELS	15	Huntingdon		25.29	561
21.	Adam OAKMAN	19	Co Cambridge		25.32	559
22.	Sam PARRY	19	UEA Norwich		25.33	559
23.	Alexander BAKER	16	Hatfield		25.35	557
24.	Thomas WILLIAMS	24	Sudbury		25.36	557
25.	David KELLEWAY	16	Bishop Stort		25.60	541
26.	Luke WESTWOOD	19	Co Cambridge		25.63	539
27.	Morgan PUGH	16	Harpenden		25.68	536
28.	Wade GRIFFITHS	16	teamipswich		25.71	534
29.	Ian DAVIES	29	Flitwick		25.73	533



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30.	Aydin BERKI	16	St Felix Sch	25.77	530
30.	Matthew WOOLDRIDGE	18	UEA Norwich	25.77	530
32.	Tim RIVIERE	16	Co Cambridge	25.81	528
33.	Andrew WILLS	15	Felixstowe	25.88	524
34.	Thomas QUINTON	17	UEA Norwich	25.91	522
34.	Joseph FREEZER	24	Stowmarket	25.91	522
36.	Daniel SMITH	16	Lstof & OB	25.92	521
37.	Jack LEE	15	Luton	25.94	520
37.	David CARLINE	16	Modernians	25.94	520
37.	Sam WATTS	23	UEA Norwich	25.94	520
40.	George BARTLE	15	teamipswich	25.97	518
41.	Sam MUNKLEY	18	Hatfield	26.01	516
42.	Jack SPENCE	14	Watford	26.07	512
42.	Liam OSBORNE	17	Diss Otters	26.07	512
44.	Andrew EGAN	16	Hatfield	26.13	509
45.	Liam KNIGHT	15	Co Peterboro	26.15	508
45.	Ashley BYGRAVES	17	St Neot Swan	26.15	508
47.	Lewis FARMER	15	Lstof & OB	26.18	506
47.	Nik SPEARS	16	Watford	26.18	506
49.	Jack LONG	18	Co Cambridge	26.21	504
50.	Chris TITTERINGTON	18	West Suffolk	26.22	504
51.	Lawrence PALMER	16	Luton	26.23	503
52.	Callum McCOLGAN	16	Lstof & OB	26.26	501
53.	Ryan CURRELL	20	Dunstable	26.27	501
54.	Joshua COLEBY	13	teamipswich	26.28	500
54.	Robert WHIGHT	16	Deben	26.28	500
54.	Jay MUNKLEY	15	Hatfield	26.28	500
57.	Stephen BUCKLEY	32	Co Cambridge	26.30	499
58.	Alex BEREZYNSKYJ	18	St Ives	26.33	497
59.	Thomas HARRISON	27	Stowmarket	26.39	494
60.	Luke TARGET	15	Hatfield	26.42	492
61.	Duncan NICOLL	15	Harpenden	26.43	492
62.	Jack BURCHELL	15	Hitchin	26.44	491
63.	Alex MURRAY	16	West Norfolk	26.47	489
64.	Richard JEFFERIES	14	Co Cambridge	26.50	488
64.	Andrew WILKINSON	16	Co Cambridge	26.50	488
66.	Joseph MOYES	17	Co Cambridge	26.51	487
67.	Christian STOKES	16	St Neot Swan	26.53	486
68.	Elliot COOK	15	teamipswich	26.59	483
69.	Simon LIDDLE	17	Flitwick	26.60	482
70.	Simon WEIGHELL	16	Flitwick	26.61	482
71.	Christopher DAVEY	17	Mid Beds	26.79	472
72.	Caleb HUGHES	13	Mid Beds	26.82	471
73.	William NICHOLLS	17	St Neot Swan	26.84	469
74.	Jack BARTLETT	14	St Felix Sch	26.86	468
75.	Adam LAST	14	Deben	26.92	465
76.	Owen LINFORD	14	UEA Norwich	27.01	461
77.	Kenneth DAYMAN	18	FirstStrokes	27.04	459
78.	Jack NOBLE	15	Hitchin	27.14	454
79.	Nathaniel PEIRSON	17	UEA Norwich	27.17	453
80.	Thomas STOKES	16	Co Peterboro	27.32	445
81.	Joshua STEEL	15	Modernians	27.54	435
82.	Ben JOHNSON	16	UEA Norwich	27.55	434
83.	Sebastian WATERS	18	UEA Norwich	27.58	433
83.	Roger MALLETT	21	Mid Beds	27.58	433
85.	Marc BUTCHER	17	Runnymede	27.68	428
86.	Thomas WINDER	15	Flitwick	27.94	416
87.	Jack COPPING	16	Colchester P	10 31.59	288
88.	Mark CHARD	13	Lstof & OB	14 32.15	273
89.	Oliver HEDGLEY	12	teamipswich	8 39.51	147

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat.	Time	BDPoints
1.	Jack COPPING	16	Colchester P	10	31.59	455
2.	Mark CHARD	13	Lstof & OB	14	32.15	447
3.	Oliver HEDGLEY	12	teamipswich	8	39.51	338

EVENT 206 Womens 50m Freestyle

Place	Name	AaD	Club	Cat.	Time	FINA Pt
1.	Zoe CRAY	35	teamipswich		26.19	749
2.	Rachel ANDVIG	16	teamipswich		26.37	733
3.	Sophie DRAKE	16	Canvey Isl		26.82	697
4.	Pascale REEVES	14	St Felix Sch		27.24	665
5.	Bethan BOTTOMLEY	14	West Suffolk		27.35	657
6.	Sophie CHAMBERLAIN	17	St Felix Sch		27.39	654
7.	Alice TENNANT	16	teamipswich		27.40	654
8.	Lucy CHARLES	16	Hoddesdon		27.79	627
9.	Marissa POSNETT	14	Epping Fort		27.94	617
10.	Emily RIDOUT	16	Hatfield		27.99	613
11.	Elizabeth WINTER	14	Co Cambridge		28.03	611
12.	Rachael GEORGE	19	Hatfield		28.12	605
13.	April HYAM	16	teamipswich		28.20	600
14.	Zoe SMITH	15	Lstof & OB		28.38	588
15.	Philippa HARDY	16	Hatfield		28.45	584
16.	Riasa DOUGLAS-COLLOW	17	St Felix Sch		28.48	582
17.	Ashley MORRALL	13	Hatfield		28.63	573



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18.	Sara GREENWOOD	22	UEA Norwich	28.64	572	
19.	Catherine MARKWELL	28	UEA Norwich	28.72	568	
20.	Jessica HARVEY	15	teamipswich	28.74	566	
21.	Amber SWALES	14	Mid Beds	28.75	566	
22.	Gabrielle BALLS	15	Co Peterboro	28.78	564	
22.	Robyn BALL	17	St Felix Sch	28.78	564	
24.	Zoe OTHIENO	16	Co Cambridge	28.81	562	
25.	Ellen OXBROW	14	teamipswich	28.85	560	
26.	Katie WHITING	34	UEA Norwich	28.87	559	
27.	Emily COOK	15	Co Peterboro	28.92	556	
28.	Charlotte BEGG	15	Co Cambridge	28.99	552	
29.	Charlotte OVENDEN	15	Modernians	29.14	543	
30.	Keely EMPSON	13	West Norfolk	29.18	541	
31.	Hazel PICKFORD	16	Hatfield	29.29	535	
32.	Gemma BARTLE	13	teamipswich	29.32	534	
33.	Gemma SARGENT	16	St Ives	29.34	532	
34.	Karen KWOK	18	Modernians	29.35	532	
35.	India HAMMOND	13	Hatfield	29.37	531	
35.	Zara BAILEY	13	Co Peterboro	29.37	531	
37.	Sophie DEMETRIADES	15	teamipswich	29.42	528	
38.	Jessica HILL	16	Co Ely	29.43	528	
38.	Kerriann CHIPPERFIELD	16	Thurrock	29.43	528	
40.	Chloe DAVIS	15	Runnymede	29.44	527	
41.	Charlotte BLACKSLEY	15	Mid Beds	29.48	525	
42.	Megan TAYLOR	15	Mildenhall	29.49	524	
43.	Stephanie BIRD	21	Lstof & OB	29.52	523	
43.	Lydia SMITH	15	Hatfield	29.52	523	
43.	Tamara RICHARDS	16	Huntingdon	29.52	523	
46.	Nina WISEMAN	16	Braintree	29.54	522	
47.	Emily HAWES	18	Lstof & OB	29.60	519	
48.	Sarah OSMAN	25	UEA Norwich	29.62	517	
48.	Whitney BUCKLER	16	Lstof & OB	29.62	517	
50.	Georgina FREEMAN	16	Co Peterboro	29.66	515	
51.	Grace LEE	14	Bishop Stort	29.73	512	
52.	Hannah SARGENT	19	St Ives	29.78	509	
53.	Molly NORMAN	13	Co Peterboro	29.82	507	
53.	Evangeline TAYLOR	13	teamipswich	29.82	507	
55.	Jessica JACKSON	12	Mid Beds	29.84	506	
56.	Charlotte HARRISON	14	Co Peterboro	29.85	506	
57.	Bryony ROWSEL	16	Co Cambridge	29.87	505	
57.	Bethany FREEMAN	13	Co Peterboro	29.87	505	
59.	Katie RUMSEY	12	St Felix Sch	29.98	499	
60.	Sian LOCKETT	13	Hatfield	30.00	498	
61.	Gemma SIMPSON	17	Co Peterboro	30.01	498	
62.	Hannah MILNER	14	St Ives	30.13	492	
63.	Cathryn THOMSON	19	St Ives	30.30	483	
64.	Natasha PIKE	14	Leighton Buz	30.31	483	
65.	Zoe STEWART	14	Watford	30.33	482	
66.	Ria DELVES	17	Stowmarket	30.46	476	
67.	Charlotte DAVIS	17	Runnymede	30.57	471	
68.	Emma WARRINGTON	16	Hoddesdon	30.68	466	
69.	Chelsea PROUTEN	16	Huntingdon	30.76	462	
70.	Ellen NELSON	16	Beccles Town	31.18	444	
71.	Zoe SMITH	18	Luton	31.24	441	
72.	Holly REES	16	Co Cambridge	31.37	436	
73.	Lauren SMITH	16	Epping For't	9	32.31	399
74.	Emma HOLLIS	17	Epping For't	8	33.92	345
75.	Emily HARRIS	12	St Felix Sch	9	39.48	219
76.	Jodie FLEMING	15	Colchester P	6	59.41	64

Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat.	Time	BDPoints
1.	Stephanie BIRD	21	Lstof & OB	14	29.52	969
2.	Emma HOLLIS	17	Epping For't	8	33.92	852
3.	Lauren SMITH	16	Epping For't	9	32.31	779
4.	Emily HARRIS	12	St Felix Sch	9	39.48	427
5.	Jodie FLEMING	15	Colchester P	6	59.41	256



ASA East Region 2009 Winter Championships (25m)

(Under ASA Laws & ASA Technical Rules)

Saturday 7th & Sunday 8th November

Licensed Meet - No. ERX927



EVENT 207 Mens/Womens 1500m Freestyle

MENS - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Samuel HEARD	20	UEA Norwich	15:57.58	736				
	50m 28.14	100m 59.57	150m 1:31.98	200m 2:03.98	250m 2:35.94	300m 3:07.71	350m 3:39.60	400m 4:11.71	
	450m 4:43.70	500m 5:15.79	550m 5:47.95	600m 6:20.29	650m 6:52.81	700m 7:25.18	750m 7:57.77	800m 8:30.46	
	850m 9:02.49	900m 9:34.90	950m 10:07.15	1000m 10:39.72	1050m 11:12.07	1100m 11:44.28	1150m 12:16.79	1200m 12:49.39	
	1250m 13:21.69	1300m 13:53.40	1350m 14:24.41	1400m 14:55.43	1450m 15:26.59	1500m 15:57.58			
2.	Lawrence LOWMAN	20	Hatfield	15:59.81	731				
	50m 28.27	100m 59.74	150m 1:31.68	200m 2:03.55	250m 2:35.40	300m 3:07.30	350m 3:39.07	400m 4:10.99	
	450m 4:43.26	500m 5:15.32	550m 5:47.51	600m 6:20.10	650m 6:52.58	700m 7:25.12	750m 7:57.61	800m 8:30.44	
	850m 9:02.96	900m 9:35.23	950m 10:07.65	1000m 10:40.21	1050m 11:12.27	1100m 11:44.41	1150m 12:17.06	1200m 12:49.75	
	1250m 13:22.54	1300m 13:54.64	1350m 14:26.08	1400m 14:57.53	1450m 15:29.22	1500m 15:59.81			
3.	Aydin BERKI	16	St Felix Sch	16:02.03	726				
	50m 28.76	100m 59.88	150m 1:31.87	200m 2:04.01	250m 2:35.95	300m 3:07.98	350m 3:40.06	400m 4:12.02	
	450m 4:44.23	500m 5:16.45	550m 5:48.55	600m 6:20.57	650m 6:52.73	700m 7:25.01	750m 7:57.44	800m 8:29.78	
	850m 9:02.05	900m 9:34.51	950m 10:07.07	1000m 10:39.63	1050m 11:12.22	1100m 11:44.49	1150m 12:16.90	1200m 12:49.53	
	1250m 13:22.04	1300m 13:54.34	1350m 14:26.40	1400m 14:58.70	1450m 15:30.94	1500m 16:02.03			
4.	Lewis KING	19	Hatfield	16:08.92	710				
	50m 29.29	100m 1:00.72	150m 1:32.41	200m 2:04.34	250m 2:36.39	300m 3:08.56	350m 3:40.83	400m 4:12.77	
	450m 4:44.92	500m 5:17.26	550m 5:50.02	600m 6:22.35	650m 6:54.93	700m 7:27.51	750m 8:00.19	800m 8:32.40	
	850m 9:04.64	900m 9:37.25	950m 10:09.70	1000m 10:42.47	1050m 11:15.36	1100m 11:47.89	1150m 12:20.70	1200m 12:53.65	
	1250m 13:26.73	1300m 13:59.33	1350m 14:32.48	1400m 15:05.25	1450m 15:37.77	1500m 16:08.92			
5.	Nicholas THOMPSON	17	UEA Norwich	16:14.69	698				
	50m 28.35	100m 59.43	150m 1:31.15	200m 2:03.36	250m 2:35.75	300m 3:07.78	350m 3:40.52	400m 4:12.88	
	450m 4:45.59	500m 5:17.98	550m 5:50.41	600m 6:22.79	650m 6:55.28	700m 7:27.77	750m 8:00.19	800m 8:32.76	
	850m 9:05.64	900m 9:38.46	950m 10:11.20	1000m 10:44.17	1050m 11:17.39	1100m 11:50.43	1150m 12:23.03	1200m 12:56.58	
	1250m 13:30.21	1300m 14:03.96	1350m 14:36.72	1400m 15:08.98	1450m 15:42.15	1500m 16:14.69			
6.	Caleb HUGHES	13	Mid Beds	16:25.48	675				
	50m 29.56	100m 1:01.42	150m 1:33.46	200m 2:05.72	250m 2:38.00	300m 3:10.53	350m 3:43.31	400m 4:16.45	
	450m 4:49.57	500m 5:22.55	550m 5:55.97	600m 6:29.18	650m 7:02.51	700m 7:36.04	750m 8:08.76	800m 8:41.77	
	850m 9:15.05	900m 9:48.47	950m 10:21.21	1000m 10:54.44	1050m 11:27.76	1100m 12:01.15	1150m 12:33.45	1200m 13:06.86	
	1250m 13:39.89	1300m 14:13.27	1350m 14:46.38	1400m 15:19.72	1450m 15:53.02	1500m 16:25.48			
7.	Richard JEFFERIES	14	Co Cambridge	16:35.45	655				
	50m 29.33	100m 1:01.44	150m 1:34.42	200m 2:08.04	250m 2:41.72	300m 3:15.27	350m 3:48.69	400m 4:22.33	
	450m 4:55.90	500m 5:29.48	550m 6:02.58	600m 6:36.30	650m 7:09.94	700m 7:43.48	750m 8:16.78	800m 8:50.36	
	850m 9:23.97	900m 9:57.71	950m 10:31.33	1000m 11:04.68	1050m 11:38.48	1100m 12:12.11	1150m 12:45.03	1200m 13:17.95	
	1250m 13:51.06	1300m 14:24.24	1350m 14:57.13	1400m 15:30.01	1450m 16:02.90	1500m 16:35.45			
8.	Miles GARNER	15	UEA Norwich	16:41.48	643				
	50m 29.84	100m 1:02.10	150m 1:34.73	200m 2:08.32	250m 2:41.85	300m 3:15.20	350m 3:48.18	400m 4:21.63	
	450m 4:54.67	500m 5:27.70	550m 6:00.03	600m 6:32.78	650m 7:05.52	700m 7:38.43	750m 8:11.55	800m 8:45.19	
	850m 9:18.92	900m 9:52.96	950m 10:26.78	1000m 11:00.87	1050m 11:35.24	1100m 12:09.20	1150m 12:43.58	1200m 13:17.36	
	1250m 13:51.24	1300m 14:25.49	1350m 14:59.71	1400m 15:34.04	1450m 16:08.24	1500m 16:41.48			
9.	Lewis HUGHES	15	UEA Norwich	16:43.52	639				
	50m 29.88	100m 1:02.39	150m 1:35.43	200m 2:08.81	250m 2:42.52	300m 3:16.17	350m 3:49.71	400m 4:23.32	
	450m 4:57.12	500m 5:31.17	550m 6:04.96	600m 6:38.47	650m 7:12.15	700m 7:45.71	750m 8:19.64	800m 8:52.91	
	850m 9:26.86	900m 10:00.60	950m 10:33.82	1000m 11:07.64	1050m 11:42.09	1100m 12:15.91	1150m 12:49.68	1200m 13:23.75	
	1250m 13:57.38	1300m 14:31.12	1350m 15:04.74	1400m 15:38.68	1450m 16:12.00	1500m 16:43.52			
10.	James McGRAIL	15	Hatfield	16:45.33	636				
	50m 29.16	100m 1:00.86	150m 1:33.60	200m 2:06.27	250m 2:39.45	300m 3:13.06	350m 3:46.26	400m 4:19.62	
	450m 4:53.30	500m 5:26.97	550m 6:01.05	600m 6:35.07	650m 7:09.23	700m 7:43.48	750m 8:17.36	800m 8:51.42	
	850m 9:25.26	900m 9:59.78	950m 10:33.67	1000m 11:07.74	1050m 11:42.14	1100m 12:16.10	1150m 12:50.04	1200m 13:24.05	
	1250m 13:57.95	1300m 14:31.43	1350m 15:05.55	1400m 15:39.27	1450m 16:12.64	1500m 16:45.33			
11.	Luke WALSH	16	UEA Norwich	17:00.71	608				
	50m 31.01	100m 1:05.39	150m 1:39.99	200m 2:14.52	250m 2:49.03	300m 3:23.43	350m 3:57.73	400m 4:31.87	
	450m 5:06.39	500m 5:40.59	550m 6:14.77	600m 6:48.74	650m 7:23.38	700m 7:57.64	750m 8:31.33	800m 9:05.32	
	850m 9:40.35	900m 10:14.50	950m 10:48.13	1000m 11:22.46	1050m 11:56.83	1100m 12:30.62	1150m 13:04.60	1200m 13:38.58	
	1250m 14:12.98	1300m 14:46.81	1350m 15:20.92	1400m 15:55.19	1450m 16:28.80	1500m 17:00.71			
12.	Jordan PURDY	14	St Felix Sch	17:00.86	607				
	50m 29.44	100m 1:01.48	150m 1:34.65	200m 2:08.33	250m 2:42.88	300m 3:16.91	350m 3:51.26	400m 4:25.57	
	450m 4:59.88	500m 5:34.24	550m 6:08.45	600m 6:42.99	650m 7:17.58	700m 7:52.23	750m 8:26.69	800m 9:01.07	
	850m 9:35.52	900m 10:09.64	950m 10:43.99	1000m 11:18.43	1050m 11:52.61	1100m 12:26.83	1150m 13:01.37	1200m 13:35.89	
	1250m 14:10.15	1300m 14:44.05	1350m 15:18.08	1400m 15:52.02	1450m 16:26.71	1500m 17:00.86			
13.	Matthew WINNELL	16	Runnymede	17:34.83	551				
	50m 30.27	100m 1:03.99	150m 1:37.97	200m 2:12.14	250m 2:46.47	300m 3:21.13	350m 3:55.73	400m 4:30.44	
	450m 5:05.31	500m 5:40.57	550m 6:15.91	600m 6:51.14	650m 7:26.60	700m 8:01.76	750m 8:37.95	800m 9:13.69	
	850m 9:49.40	900m 10:24.74	950m 11:00.54	1000m 11:36.53	1050m 12:11.96	1100m 12:47.77	1150m 13:23.73	1200m 13:59.88	
	1250m 14:36.01	1300m 15:12.04	1350m 15:47.97	1400m 16:23.93	1450m 17:00.18	1500m 17:34.83			
14.	Carl HALFORD	16	Flitwick	17:35.62	549				
	50m 31.87	100m 1:06.29	150m 1:40.84	200m 2:15.74	250m 2:50.90	300m 3:26.14	350m 4:01.45	400m 4:36.73	
	450m 5:12.20	500m 5:47.57	550m 6:22.79	600m 6:58.34	650m 7:33.87	700m 8:09.44	750m 8:45.14	800m 9:20.34	
	850m 9:55.62	900m 10:31.20	950m 11:06.72	1000m 11:42.34	1050m 12:17.91	1100m 12:53.34	1150m 13:29.04	1200m 14:04.63	
	1250m 14:40.34	1300m 15:16.21	1350m 15:51.68	1400m 16:27.08	1450m 17:02.35	1500m 17:35.62			
15.	Cameron BASHIR	15	Sudbury	17:42.20	539				
	50m 31.41	100m 1:06.11	150m 1:41.23	200m 2:16.20	250m 2:51.94	300m 3:27.95	350m 4:03.86	400m 4:39.98	
	450m 5:16.07	500m 5:52.34	550m 6:27.79	600m 7:03.52	650m 7:38.89	700m 8:14.99	750m 8:50.56	800m 9:26.14	
	850m 10:01.91	900m 10:37.62	950m 11:13.43	1000m 11:48.68	1050m 12:24.32	1100m 13:00.01	1150m 13:35.81	1200m 14:11.24	
	1250m 14:46.98	1300m 15:21.55	1350m 15:56.36	1400m 16:32.06	1450m 17:08.29	1500m 17:42.20			
16.	Andrew KIMPTON	17	West Suffolk	17:56.89	517				
	50m 31.86	100m 1:06.87	150m 1:42.62	200m 2:18.43	250m 2:54.36	300m 3:30.49	350m 4:06.67	400m 4:43.14	
	450m 5:19.41	500m 5:55.73	550m 6:31.98	600m 7:08.25	650m 7:44.60	700m 8:20.34	750m 8:56.58	800m 9:32.60	
	850m 10:09.24	900m 10:45.30	950m 11:21.39	1000m 11:57.43	1050m 12:33.73	1100m 13:10.09	1150m 13:46.44	1200m 14:22.61	
	1250m 14:58.73	1300m 15:35.22	1350m 16:11.35	1400m 16:47.23	1450m 17:22.68	1500m 17:56.89			



ASA East Region 2009 Winter Championships (25m)

(Under ASA Laws & ASA Technical Rules)

Saturday 7th & Sunday 8th November

Licensed Meet - No. ERX927



WOMENS - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Lucy CHARLES	16	Hoddesdon	17:10.86	773			
	50m 30.17	100m 1:02.66	150m 1:35.97	200m 2:09.90	250m 2:43.91	300m 3:18.04	350m 3:52.27	400m 4:26.50
	450m 5:00.79	500m 5:35.21	550m 6:09.73	600m 6:44.07	650m 7:18.59	700m 7:53.50	750m 8:28.57	800m 9:03.69
	850m 9:38.68	900m 10:13.59	950m 10:48.70	1000m 11:23.97	1050m 11:59.34	1100m 12:34.39	1150m 13:09.46	1200m 13:44.38
	1250m 14:19.28	1300m 14:54.43	1350m 15:29.19	1400m 16:04.14	1450m 16:38.36	1500m 17:10.86		
2.	Laura ADAMS	15	UEA Norwich	17:36.04	719			
	50m 31.71	100m 1:06.19	150m 1:41.31	200m 2:16.56	250m 2:51.79	300m 3:27.03	350m 4:02.33	400m 4:37.52
	450m 5:12.96	500m 5:48.62	550m 6:23.86	600m 6:59.21	650m 7:34.74	700m 8:10.28	750m 8:46.00	800m 9:21.27
	850m 9:56.79	900m 10:32.08	950m 11:07.60	1000m 11:43.19	1050m 12:18.82	1100m 12:54.15	1150m 13:30.07	1200m 14:05.18
	1250m 14:40.77	1300m 15:16.20	1350m 15:51.61	1400m 16:27.19	1450m 17:02.28	1500m 17:36.04		
3.	Charlotte HICKS	13	St Felix Sch	17:42.88	705			
	50m 31.17	100m 1:04.59	150m 1:39.22	200m 2:14.12	250m 2:49.60	300m 3:25.30	350m 4:01.17	400m 4:37.30
	450m 5:13.06	500m 5:48.79	550m 6:23.47	600m 6:59.03	650m 7:34.53	700m 8:10.24	750m 8:46.10	800m 9:21.57
	850m 9:57.28	900m 10:33.12	950m 11:08.68	1000m 11:44.94	1050m 12:20.53	1100m 12:56.72	1150m 13:32.24	1200m 14:08.44
	1250m 14:44.42	1300m 15:18.34	1350m 15:54.58	1400m 16:31.27	1450m 17:07.44	1500m 17:42.88		
4.	Poppy INGLES	14	UEA Norwich	17:56.50	679			
	50m 33.01	100m 1:08.56	150m 1:44.92	200m 2:21.02	250m 2:57.42	300m 3:33.76	350m 4:10.33	400m 4:46.03
	450m 5:21.25	500m 5:56.90	550m 6:32.92	600m 7:09.00	650m 7:45.29	700m 8:21.63	750m 8:57.93	800m 9:34.08
	850m 10:10.51	900m 10:46.89	950m 11:22.80	1000m 11:58.34	1050m 12:34.33	1100m 13:10.39	1150m 13:47.06	1200m 14:23.02
	1250m 14:59.14	1300m 15:35.55	1350m 16:11.33	1400m 16:47.18	1450m 17:22.58	1500m 17:56.50		
5.	Jennifer TITTERINGTON	16	West Suffolk	18:12.76	649			
	50m 32.51	100m 1:07.90	150m 1:43.69	200m 2:19.53	250m 2:55.58	300m 3:31.88	350m 4:07.99	400m 4:44.39
	450m 5:20.80	500m 5:57.06	550m 6:33.41	600m 7:09.79	650m 7:46.55	700m 8:23.57	750m 9:00.20	800m 9:37.14
	850m 10:14.04	900m 10:51.03	950m 11:27.92	1000m 12:05.07	1050m 12:41.73	1100m 13:18.65	1150m 13:55.46	1200m 14:32.33
	1250m 15:09.51	1300m 15:46.58	1350m 16:23.41	1400m 17:00.35	1450m 17:37.10	1500m 18:12.76		
6.	Ellen WILLIAMS	14	Co Peterboro	18:18.71	639			
	50m 32.68	100m 1:07.94	150m 1:44.44	200m 2:20.90	250m 2:57.48	300m 3:33.91	350m 4:10.65	400m 4:47.13
	450m 5:24.06	500m 6:00.73	550m 6:37.64	600m 7:14.22	650m 7:50.97	700m 8:28.18	750m 9:05.36	800m 9:42.39
	850m 10:19.54	900m 10:56.71	950m 11:33.80	1000m 12:10.70	1050m 12:47.34	1100m 13:24.13	1150m 14:01.32	1200m 14:38.36
	1250m 15:15.32	1300m 15:52.24	1350m 16:29.36	1400m 17:06.36	1450m 17:43.25	1500m 18:18.71		
7.	Alexandra TAYLOR	15	West Suffolk	18:24.44	629			
	50m 32.19	100m 1:07.88	150m 1:44.64	200m 2:21.79	250m 2:58.42	300m 3:35.42	350m 4:12.05	400m 4:49.15
	450m 5:26.38	500m 6:03.31	550m 6:40.31	600m 7:17.73	650m 7:53.91	700m 8:30.58	750m 9:07.78	800m 9:45.07
	850m 10:22.36	900m 10:59.37	950m 11:36.44	1000m 12:13.70	1050m 12:50.72	1100m 13:28.56	1150m 14:05.84	1200m 14:43.42
	1250m 15:20.46	1300m 15:57.41	1350m 16:34.37	1400m 17:11.34	1450m 17:48.37	1500m 18:24.44		
8.	Holly BATEMAN	14	UEA Norwich	18:24.96	628			
	50m 34.20	100m 1:11.83	150m 1:48.43	200m 2:24.77	250m 3:01.52	300m 3:38.80	350m 4:15.23	400m 4:52.91
	450m 5:29.84	500m 6:06.89	550m 6:44.11	600m 7:20.76	650m 7:57.79	700m 8:34.68	750m 9:11.73	800m 9:48.25
	850m 10:25.34	900m 11:02.27	950m 11:39.29	1000m 12:16.13	1050m 12:53.00	1100m 13:30.32	1150m 14:07.36	1200m 14:44.79
	1250m 15:21.75	1300m 15:59.35	1350m 16:36.49	1400m 17:13.94	1450m 17:50.03	1500m 18:24.96		
9.	Lucy GREGORY	15	Leighton Buz	18:39.94	603			
	50m 34.44	100m 1:11.62	150m 1:49.39	200m 2:26.42	250m 3:04.11	300m 3:41.75	350m 4:19.59	400m 4:57.22
	450m 5:34.78	500m 6:11.97	550m 6:49.58	600m 7:26.68	650m 8:04.21	700m 8:41.53	750m 9:19.04	800m 9:56.62
	850m 10:33.96	900m 11:11.70	950m 11:49.24	1000m 12:26.83	1050m 13:04.67	1100m 13:42.94	1150m 14:20.47	1200m 14:58.49
	1250m 15:36.05	1300m 16:13.78	1350m 16:51.51	1400m 17:29.15	1450m 18:06.28	1500m 18:39.94		
10.	Jessica WHYTE	14	Co Peterboro	19:32.53	525			
	50m 35.59	100m 1:14.26	150m 1:53.29	200m 2:32.10	250m 3:11.18	300m 3:50.57	350m 4:29.65	400m 5:08.53
	450m 5:47.83	500m 6:27.00	550m 7:06.14	600m 7:45.16	650m 8:24.41	700m 9:03.38	750m 9:42.61	800m 10:21.56
	850m 11:01.06	900m 11:40.51	950m 12:20.05	1000m 12:59.88	1050m 13:39.31	1100m 14:18.93	1150m 14:58.93	1200m 15:38.44
	1250m 16:17.88	1300m 16:57.36	1350m 17:37.00	1400m 18:16.61	1450m 18:55.63	1500m 19:32.53		

EVENT 208 FINAL OF EVENT 201 Mens 200m Backstroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	John SARGENT	23	Co Cambridge	1:59.71	766	27.75	57.47	1:28.28
2.	Alexander BAKER	16	Hatfield	2:03.01	706	28.40	59.64	1:31.73
3.	Ryan SEARLES	16	Hatfield	2:05.26	668	28.98	1:00.07	1:32.02
4.	Liam KNIGHT	15	Co Peterboro	2:06.98	641	29.46	1:01.56	1:34.54
5.	David KELLEWAY	16	Bishop Stort	2:09.62	603	30.18	1:02.97	1:36.49
6.	Daniel SMITH	16	Lstof & OB	2:11.98	571	30.52	1:03.12	1:37.88
7.	Elliot COOK	15	teamipswich	2:12.07	570	30.15	1:03.73	1:37.78
8.	Caleb HUGHES	13	Mid Beds	2:18.83	491	32.47	1:07.75	1:43.90

EVENT 209 FINAL OF EVENT 202 Womens 200m Backstroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Ellis JACKSON	15	St Felix Sch	2:14.31	766	31.37	1:05.16	1:39.72
2.	Sophie DRAKE	16	Canvey Isl	2:17.45	715	32.66	1:07.50	1:43.63
3.	Flora HANSON	15	Hatfield	2:17.78	709	33.24	1:08.41	1:43.91
4.	Marcella ARIS	14	UEA Norwich	2:21.68	652	34.05	1:10.00	1:45.79
5.	Robyn BALL	17	St Felix Sch	2:22.95	635	33.89	1:09.78	1:46.44
6.	Hazel PICKFORD	16	Hatfield	2:23.93	622	34.00	1:10.63	1:47.24
7.	Kimberley ANASTASIOU	14	UEA Norwich	2:25.34	604	34.50	1:11.49	1:48.91
8.	Whitney BUCKLER	16	Lstof & OB	2:31.37	535	33.88	1:11.53	1:51.16



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EVENT 210 B FINAL OF EVENT 203 Mens 100m IM

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Mark COLLINS	16	West Norfolk	1:02.96	564
2.	Wade GRIFFITHS	16	teamipswich	1:03.32	555
3.	Ho-On TO	21	Co Cambridge	1:03.52	550
4.	Edward ALLCHORNE	15	Hatfield	1:03.80	542
5.	Luke WESTWOOD	19	Co Cambridge	1:05.40	504
	Jason DANIELS	17	Thurrock	DNC	

EVENT 211 FINAL OF EVENT 203 Mens 100m IM

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Lewis COLEMAN	17	teamipswich	57.31	748
2.	Charles WALKER	19	Co Peterboro	58.48	704
3.	James ALLCHORNE	20	Hatfield	59.04	684
4.	David GODRIDGE	16	Watford	59.83	658
5.	Samuel MUNRO	16	St Felix Sch	1:01.09	618
6.	Jack HOLLIS	15	teamipswich	1:02.78	569
7.	Andrew WEATHERITT	18	St Ives	1:02.84	568
8.	Justin LANGFORD	19	Hatfield	1:03.13	560

EVENT 212 B FINAL OF EVENT 204 Womens 100m IM

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Emily RIDOUT	16	Hatfield	1:09.38	626
2.	Ellen OXBROW	14	teamipswich	1:09.94	611
3.	Riasa DOUGLAS-COLLOW	17	St Felix Sch	1:12.03	559
4.	Zara BAILEY	13	Co Peterboro	1:12.32	553
5.	Molly NORMAN	13	Co Peterboro	1:12.99	538
6.	Katie SYKES	16	West Norfolk	1:13.56	525
7.	Eleanor PIRRIE	12	Runnymede	1:13.91	518
	Emily PRIOR	18	Deben	DNC	

EVENT 213 FINAL OF EVENT 204 Womens 100m IM

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Katie AMBRIDGE	19	Hatfield	1:04.31	786
2.	Sophie CHAMBERLAIN	17	St Felix Sch	1:06.59	708
3.	Alice TENNANT	16	teamipswich	1:06.73	704
4.	Alexandra HARRISON	15	St Felix Sch	1:07.39	683
5.	Heather RODWELL	15	teamipswich	1:10.40	599
6.	Chloe DAVIS	15	Runnymede	1:10.65	593
7.	Charlotte OVENDEN	15	Modernians	1:11.20	579
8.	Grace LEE	14	Bishop Stort	1:11.39	575

EVENT 214 B FINAL OF EVENT 205 Mens 50m Freestyle

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Jonathan POOK	21	Hatfield	24.25	637
2.	Samuel MUNRO	16	St Felix Sch	24.43	623
3.	Samuel BRIGGS	16	Modernians	24.44	622
4.	Stuart KIRK	22	Mid Beds	24.78	597
5.	Mark LEAMON	22	UEA Norwich	24.85	592
6.	Ashley BUCK	29	Sudbury	24.96	584
7.	Troy LYNCH	18	teamipswich	25.08	575
8.	Nathan HENDERSON	17	Lstof & OB	25.33	559

EVENT 215 FINAL OF EVENT 205 Mens 50m Freestyle

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Charles WALKER	19	Co Peterboro	23.20	727
2.	David GODRIDGE	16	Watford	23.40	708
3.	Alexander RUST	19	Hatfield	23.53	697
4.	Adam INGLEDEW	16	Hatfield	23.72	680
5.	Kevin PICKARD	21	Hatfield	24.02	655
6.	Andrew WEATHERITT	18	St Ives	24.07	651
7.	Aaron LYNCH	15	teamipswich	24.08	650
8.	Reece BARCLAY	18	Hatfield	24.29	633



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EVENT 216 B FINAL OF EVENT 206 Womens 50m Freestyle

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Elizabeth WINTER	14	Co Cambridge	27.79	627
2.	Rachael GEORGE	19	Hatfield	27.88	621
3.	Marissa POSNETT	14	Epping For't	28.21	599
3.	April HYAM	16	teamipswich	28.21	599
5.	Philippa HARDY	16	Hatfield	28.28	595
5.	Zoe SMITH	15	Lstof & OB	28.28	595
7.	Emily RIDOUT	16	Hatfield	28.38	588
8.	Riasa DOUGLAS-COLLOW	17	St Felix Sch	28.65	572

EVENT 217 FINAL OF EVENT 206 Womens 50m Freestyle

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Zoe CRAY	35	teamipswich	26.34	736
2.	Rachel ANDVIG	16	teamipswich	26.43	728
3.	Sophie DRAKE	16	Canvey Isl	26.53	720
4.	Alice TENNANT	16	teamipswich	27.34	658
5.	Pascale REEVES	14	St Felix Sch	27.37	656
6.	Bethan BOTTOMLEY	14	West Suffolk	27.62	638
7.	Lucy CHARLES	16	Hoddesdon	27.80	626
8.	Sophie CHAMBERLAIN	17	St Felix Sch	28.04	610

EVENT 218 Womens 800m Freestyle Team

Full Results

Place	Name	Club	Time			
1.	St Felix School	St Felix Sch	8:25.72			
		Bryony CAMPBELL		2.06.18	29.20	31.26
					32.74	32.98
		Pascale REEVES		2.07.33	28.82	32.03
					33.13	33.35
		Sophie CHAMBERLAIN		2.06.54	28.74	32.27
					33.17	32.36
					28.90	31.81
					32.65	32.31
		2.		Hatfield A	Hatfield	8:31.01
Katie AMBRIDGE	2.04.18		29.22		31.43	
			31.88		31.65	
Philippa HARDY	2.10.79		29.45		32.37	
			34.32		34.65	
Flora HANSON	2.08.32		28.94		32.50	
		33.56	33.32			
		28.69	31.96			
		33.40	33.67			
3.	UEA Norwich A	UEA Norwich	8:52.74			
		Laura ADAMS		2.14.30	31.18	34.33
					34.67	34.12
		Holly BATEMAN		2.14.80	30.96	34.51
					34.78	34.55
		Marcella ARIS		2.08.97	29.72	32.86
					33.79	32.60
		Poppy INGLESON		2.14.67	30.73	34.48
		34.65	34.81			
4.	City of Peterborough	Co Peterboro	9:11.75			
		Zara BAILEY		2.15.55	31.45	34.27
					35.02	34.81
		Molly NORMAN		2.20.36	31.58	35.61
					36.70	36.47
		Georgina FREEMAN		2.18.69	30.48	35.85
		36.79	35.57			
		30.98	34.91			
		2.17.15	36.42	34.84		