



ASA East Region 2009 Winter Championships (25m)

(Under ASA Laws & ASA Technical Rules)

Saturday 7th & Sunday 8th November

Licensed Meet - No. ERX927



EVENT 101 Womens 200m Freestyle

Full Results

| Place | Name | AaD | Club | Cat. | Time | FINA Pt | 50 | 100 | 150 |
|-------|-----------------------|-----|--------------|------|---------|---------|-------|---------|---------|
| 1. | Ellis JACKSON | 15 | St Felix Sch | | 2:03.37 | 778 | 28.21 | 59.15 | 1:31.24 |
| 2. | Sophie CHAMBERLAIN | 17 | St Felix Sch | | 2:04.13 | 764 | 28.69 | 1:00.24 | 1:32.31 |
| 3. | Bryony CAMPBELL | 15 | St Felix Sch | | 2:05.27 | 744 | 28.44 | 59.55 | 1:31.80 |
| 4. | Rachael GEORGE | 19 | Hatfield | | 2:06.38 | 724 | 29.72 | 1:01.70 | 1:34.82 |
| 5. | Yasmin BITHREY | 15 | Mid Beds | | 2:06.97 | 714 | 30.31 | 1:02.25 | 1:34.91 |
| 6. | Elizabeth WINTER | 14 | Co Cambridge | | 2:07.78 | 701 | 29.47 | 1:01.71 | 1:34.93 |
| 7. | Alice TENNANT | 16 | teamipswich | | 2:08.47 | 689 | 29.51 | 1:01.47 | 1:35.13 |
| 8. | Bethan BOTTOMLEY | 14 | West Suffolk | | 2:10.10 | 664 | 29.94 | 1:02.63 | 1:36.32 |
| 9. | Jessica HARVEY | 15 | teamipswich | | 2:10.40 | 659 | 30.15 | 1:03.09 | 1:37.01 |
| 10. | Kerriann CHIPPERFIELD | 16 | Thurrock | | 2:10.58 | 657 | 30.71 | 1:03.73 | 1:37.32 |
| 11. | Holly BATEMAN | 14 | UEA Norwich | | 2:10.72 | 654 | 30.40 | 1:03.59 | 1:37.04 |
| 12. | Zara BAILEY | 13 | Co Peterboro | | 2:11.20 | 647 | 30.79 | 1:03.94 | 1:37.77 |
| 13. | Fenella FOSKETT | 17 | Deben | | 2:11.85 | 638 | 31.52 | 1:05.28 | 1:39.57 |
| 14. | Charlotte HICKS | 13 | St Felix Sch | | 2:12.09 | 634 | 30.62 | 1:03.96 | 1:38.11 |
| 15. | Carolyn ASTBURY | 17 | Watford | | 2:12.18 | 633 | 31.35 | 1:04.49 | 1:38.71 |
| 16. | Molly EPSLY | 16 | Thurrock | | 2:12.38 | 630 | 31.51 | 1:04.22 | 1:38.78 |
| 17. | Whitney BUCKLER | 16 | Lstof & OB | | 2:12.69 | 626 | 30.04 | 1:03.60 | 1:38.17 |
| 18. | Poppy INGLESON | 14 | UEA Norwich | | 2:12.75 | 625 | 30.97 | 1:04.81 | 1:38.92 |
| 19. | Marissa POSNETT | 14 | Epping Fort | | 2:12.99 | 621 | 30.20 | 1:03.69 | 1:38.60 |
| 20. | Chloe DAVIS | 15 | Runnymede | | 2:13.28 | 617 | 30.19 | 1:03.94 | 1:38.64 |
| 21. | Nina WISEMAN | 16 | Braintree | | 2:13.49 | 615 | 30.83 | 1:04.73 | 1:39.48 |
| 22. | Marcella ARIS | 14 | UEA Norwich | | 2:13.63 | 613 | 30.75 | 1:04.64 | 1:39.50 |
| 23. | Jennifer TITTERINGTON | 16 | West Suffolk | | 2:13.95 | 608 | 30.42 | 1:04.12 | 1:39.11 |
| 24. | Laura ADAMS | 15 | UEA Norwich | | 2:14.06 | 607 | 31.57 | 1:06.16 | 1:40.27 |
| 25. | Grace LEE | 14 | Bishop Stort | | 2:14.18 | 605 | 30.55 | 1:04.33 | 1:39.58 |
| 26. | Gabrielle BALLS | 15 | Co Peterboro | | 2:14.87 | 596 | 31.00 | 1:04.63 | 1:39.88 |
| 27. | Alice MARCHANT | 16 | Mid Beds | | 2:14.89 | 596 | 32.15 | 1:06.16 | 1:40.93 |
| 28. | Katie TAVENER | 15 | Mid Beds | | 2:14.97 | 595 | 30.86 | 1:05.16 | 1:40.24 |
| 29. | Riasa DOUGLAS-COLLOW | 17 | St Felix Sch | | 2:15.61 | 586 | 29.95 | 1:02.92 | 1:39.30 |
| 30. | Charlotte BEGG | 15 | Co Cambridge | | 2:16.23 | 578 | 31.35 | 1:05.99 | 1:41.49 |
| 31. | Ellen WILLIAMS | 14 | Co Peterboro | | 2:17.50 | 562 | 31.87 | 1:07.03 | 1:42.34 |
| 32. | Alexandra TAYLOR | 15 | West Suffolk | | 2:17.63 | 561 | 31.37 | 1:05.80 | 1:41.66 |
| 33. | India HAMMOND | 13 | Hatfield | | 2:17.65 | 560 | 33.21 | 1:08.69 | 1:44.36 |
| 34. | Lucy GREGORY | 15 | Leighton Buz | | 2:17.69 | 560 | 32.03 | 1:06.58 | 1:42.25 |
| 35. | Sian LOCKETT | 13 | Hatfield | | 2:17.71 | 560 | 32.53 | 1:07.53 | 1:43.38 |
| 36. | Charlotte HARRISON | 14 | Co Peterboro | | 2:18.60 | 549 | 32.37 | 1:08.22 | 1:43.46 |
| 37. | Abby SMITH | 13 | Harpenden | | 2:18.72 | 548 | 32.35 | 1:07.91 | 1:44.20 |
| 38. | Molly NORMAN | 13 | Co Peterboro | | 2:18.87 | 546 | 31.69 | 1:07.15 | 1:42.99 |
| 39. | Isobel PAGE | 12 | UEA Norwich | | 2:19.01 | 544 | 32.88 | 1:08.03 | 1:44.08 |
| 40. | Isabel FAULKNER | 14 | UEA Norwich | | 2:19.23 | 542 | 32.75 | 1:08.19 | 1:44.33 |
| 41. | Gemma BARTLE | 13 | teamipswich | | 2:19.76 | 535 | 31.49 | 1:06.89 | 1:43.22 |
| 42. | Charlotte BLACKSLEY | 15 | Mid Beds | | 2:20.18 | 531 | 31.73 | 1:06.33 | 1:43.43 |
| 43. | Jessica JACKSON | 12 | Mid Beds | | 2:21.59 | 515 | 32.07 | 1:08.12 | 1:44.88 |
| 44. | Zoe STEWART | 14 | Watford | | 2:21.93 | 511 | 32.54 | 1:08.11 | 1:44.89 |
| 45. | Megan BRETT | 13 | Berkhamsted | | 2:22.98 | 500 | 32.36 | 1:07.94 | 1:45.05 |
| 46. | Lauren HOBBS | 14 | Luton | 13 | 2:25.11 | 478 | 33.26 | 1:10.35 | 1:48.41 |
| 47. | Stephanie BIRD | 21 | Lstof & OB | 14 | 2:28.84 | 443 | 33.06 | 1:09.98 | 1:49.33 |

Multi-Disability by British Disability Points

| Place | Name | AaD | Club | Cat. | Time | BDPoints | 50 | 100 | 150 |
|-------|----------------|-----|------------|------|---------|----------|-------|---------|---------|
| 1. | Stephanie BIRD | 21 | Lstof & OB | 14 | 2:28.84 | 738 | 33.06 | 1:09.98 | 1:49.33 |
| 2. | Lauren HOBBS | 14 | Luton | 13 | 2:25.11 | 695 | 33.26 | 1:10.35 | 1:48.41 |

EVENT 102 Mens 200m Freestyle

Full Results

| Place | Name | AaD | Club | Cat. | Time | FINA Pt | 50 | 100 | 150 |
|-------|--------------------|-----|--------------|------|---------|---------|-------|---------|---------|
| 1. | Nicholas THOMPSON | 17 | UEA Norwich | | 1:53.92 | 721 | 26.51 | 55.57 | 1:24.93 |
| 2. | Samuel MUNRO | 16 | St Felix Sch | | 1:53.93 | 721 | 26.04 | 54.91 | 1:24.29 |
| 3. | Reece BARCLAY | 18 | Hatfield | | 1:55.01 | 701 | 27.26 | 56.29 | 1:25.34 |
| 3. | Jack HOLLIS | 15 | teamipswich | | 1:55.01 | 701 | 26.96 | 56.26 | 1:25.55 |
| 5. | Sean LEAHY | 19 | Hatfield | | 1:55.08 | 700 | 27.37 | 56.29 | 1:26.15 |
| 6. | Charles WALKER | 19 | Co Peterboro | | 1:55.19 | 698 | 26.67 | 56.11 | 1:25.87 |
| 7. | David GODRIDGE | 16 | Watford | | 1:55.62 | 690 | 27.16 | 56.50 | 1:26.46 |
| 8. | Ryan TOMKINS | 15 | teamipswich | | 1:56.71 | 671 | 27.18 | 56.61 | 1:26.62 |
| 9. | David KELLEWAY | 16 | Bishop Stort | | 1:56.81 | 669 | 26.73 | 56.41 | 1:26.94 |
| 10. | Ryan SEARLES | 16 | Hatfield | | 1:57.38 | 659 | 27.32 | 56.66 | 1:26.28 |
| 11. | Richard JEFFERIES | 14 | Co Cambridge | | 1:57.90 | 651 | 27.05 | 56.79 | 1:27.51 |
| 12. | Adam INGLEDEW | 16 | Hatfield | | 1:58.01 | 649 | 27.61 | 57.53 | 1:27.66 |
| 13. | Alexander DELICATA | 15 | Thurrock | | 1:58.39 | 643 | 27.27 | 57.05 | 1:28.12 |
| 14. | Justin LANGFORD | 19 | Hatfield | | 1:58.53 | 640 | 27.55 | 57.76 | 1:28.37 |
| 15. | Ashley BUCK | 29 | Sudbury | | 1:58.72 | 637 | 27.93 | 58.53 | 1:29.26 |
| 16. | Lawrence LOWMAN | 20 | Hatfield | | 1:58.97 | 633 | 27.37 | 57.73 | 1:28.56 |
| 17. | Lewis KING | 19 | Hatfield | | 1:59.53 | 624 | 27.68 | 57.74 | 1:28.43 |
| 18. | Jason DANIELS | 17 | Thurrock | | 1:59.60 | 623 | 27.28 | 57.55 | 1:29.02 |
| 19. | Aydin BERKI | 16 | St Felix Sch | | 1:59.65 | 622 | 27.47 | 57.52 | 1:28.69 |
| 20. | Chris TITTERINGTON | 18 | West Suffolk | | 2:00.50 | 609 | 27.97 | 58.19 | 1:29.10 |
| 21. | Samuel BRIGGS | 16 | Modernians | | 2:01.20 | 599 | 27.50 | 58.07 | 1:30.24 |
| 22. | Lewis FARMER | 15 | Lstof & OB | | 2:01.23 | 598 | 27.82 | 58.31 | 1:29.83 |
| 23. | Lewis HUGHES | 15 | UEA Norwich | | 2:01.29 | 598 | 28.24 | 58.81 | 1:30.32 |
| 24. | Samuel HEARD | 20 | UEA Norwich | | 2:01.69 | 592 | 27.99 | 58.55 | 1:30.13 |
| 25. | Jack BARTLETT | 14 | St Felix Sch | | 2:01.96 | 588 | 28.78 | 58.79 | 1:30.55 |
| 26. | Luke WALSH | 16 | UEA Norwich | | 2:02.22 | 584 | 28.97 | 1:00.24 | 1:31.00 |



ASA East Region 2009 Winter Championships (25m)

(Under ASA Laws & ASA Technical Rules)

Saturday 7th & Sunday 8th November

Licensed Meet - No. ERX927



| | | | | | | | | |
|-----|--------------------|----|--------------|------------|-----|-------|---------|---------|
| 27. | Sean COLLIER | 16 | West Suffolk | 2:02.28 | 583 | 28.86 | 1:00.19 | 1:31.62 |
| 28. | Mark COLLINS | 16 | West Norfolk | 2:02.31 | 583 | 28.06 | 58.80 | 1:30.60 |
| 29. | Jack SPENCE | 14 | Watford | 2:02.32 | 583 | 27.87 | 59.09 | 1:30.57 |
| 30. | Alex MURRAY | 16 | West Norfolk | 2:02.42 | 581 | 27.67 | 58.37 | 1:30.32 |
| 31. | Callum McCOLGAN | 16 | Lstof & OB | 2:02.51 | 580 | 28.06 | 58.97 | 1:30.77 |
| 32. | Daniel SMITH | 16 | Lstof & OB | 2:02.66 | 578 | 27.03 | 57.92 | 1:30.49 |
| 33. | Kilian KORTH | 14 | teamipswich | 2:02.72 | 577 | 28.34 | 1:00.05 | 1:30.96 |
| 34. | Thomas QUINTON | 17 | UEA Norwich | 2:03.54 | 565 | 27.82 | 58.37 | 1:30.53 |
| 35. | Edward ALLCHORNE | 15 | Hatfield | 2:03.99 | 559 | 28.99 | 1:00.61 | 1:32.57 |
| 36. | Miles GARNER | 15 | UEA Norwich | 2:04.10 | 558 | 28.39 | 59.17 | 1:31.62 |
| 37. | Nik SPEARS | 16 | Watford | 2:04.16 | 557 | 28.72 | 59.89 | 1:32.20 |
| 38. | Sam WATTS | 23 | UEA Norwich | 2:04.47 | 553 | 27.97 | 58.78 | 1:31.50 |
| 39. | Matthew WOOLDRIDGE | 18 | UEA Norwich | 2:05.07 | 545 | 29.15 | 1:00.63 | 1:32.76 |
| 40. | Christian STOKES | 16 | St Neot Swan | 2:05.26 | 543 | 28.67 | 59.90 | 1:31.97 |
| 41. | Andrew WILKINSON | 16 | Co Cambridge | 2:05.56 | 539 | 28.29 | 59.92 | 1:33.06 |
| 42. | Jay MUNKLEY | 15 | Hatfield | 2:05.92 | 534 | 28.02 | 59.41 | 1:32.19 |
| 43. | Nicholas RUDDOCK | 15 | Lstof & OB | 2:06.16 | 531 | 28.98 | 1:01.04 | 1:33.84 |
| 44. | Lawrence PALMER | 16 | Luton | 2:06.18 | 531 | 28.24 | 1:00.13 | 1:33.82 |
| 45. | Adam OAKMAN | 19 | Co Cambridge | 2:06.21 | 530 | 28.45 | 1:00.29 | 1:33.34 |
| 46. | Carl HALFORD | 16 | Flitwick | 2:06.45 | 527 | 29.28 | 1:01.18 | 1:34.20 |
| 47. | Charlie SMITH | 13 | teamipswich | 2:07.10 | 519 | 28.88 | 1:00.97 | 1:34.46 |
| 48. | Thomas KELLY | 16 | Mid Beds | 2:07.68 | 512 | 28.85 | 1:00.22 | 1:33.50 |
| 49. | James MITCHELL | 16 | Thurrock | 2:07.96 | 509 | 28.96 | 1:01.05 | 1:34.71 |
| 50. | Harry SMITH | 14 | UEA Norwich | 2:10.08 | 484 | 29.87 | 1:02.65 | 1:36.49 |
| 51. | Jack COPPING | 16 | Colchester P | 10 2:24.45 | 354 | 33.43 | 1:10.52 | 1:48.36 |
| 52. | Thomas HEMPENSTALL | 18 | Colchester P | 14 2:36.34 | 279 | 34.76 | 1:14.51 | 1:56.23 |
| | Tristan HUGHES | 17 | Felixstowe | DNC | | | | |

Multi-Disability by British Disability Points

| Place | Name | AaD | Club | Cat. | Time | BDPoints | 50 | 100 | 150 |
|-------|--------------------|-----|--------------|------|---------|----------|-------|---------|---------|
| 1. | Thomas HEMPENSTALL | 18 | Colchester P | 14 | 2:36.34 | 478 | 34.76 | 1:14.51 | 1:56.23 |
| 2. | Jack COPPING | 16 | Colchester P | 10 | 2:24.45 | 477 | 33.43 | 1:10.52 | 1:48.36 |

EVENT 103 Womens 50m Butterfly

Full Results

| Place | Name | AaD | Club | Cat. | Time | FINA Pt |
|-------|-----------------------|-----|--------------|------|---------|---------|
| 1. | Sophie CHAMBERLAIN | 17 | St Felix Sch | | 28.69 | 691 |
| 2. | Zoe CRAY | 35 | teamipswich | | 28.92 | 674 |
| 3. | Lucy CHARLES | 16 | Hoddesdon | | 30.15 | 595 |
| 4. | Ellen OXBROW | 14 | teamipswich | | 30.81 | 558 |
| 5. | Kerriann CHIPPERFIELD | 16 | Thurrock | | 31.08 | 543 |
| 6. | Chloe DAVIS | 15 | Runnymede | | 31.15 | 540 |
| 7. | Lydia SMITH | 15 | Hatfield | | 31.24 | 535 |
| 7. | Sara GREENWOOD | 22 | UEA Norwich | | 31.24 | 535 |
| 9. | Charlotte HARRISON | 14 | Co Peterboro | | 31.26 | 534 |
| 10. | Alice HEWSON | 12 | Berkhamsted | | 31.30 | 532 |
| 11. | Alison BINNS | 13 | Watford | | 31.32 | 531 |
| 12. | Katie WHITING | 34 | UEA Norwich | | 31.40 | 527 |
| 13. | Rachael GEORGE | 19 | Hatfield | | 31.52 | 521 |
| 14. | Charlotte BEGG | 15 | Co Cambridge | | 31.84 | 505 |
| 15. | Charlotte REID | 14 | Hatfield | | 32.07 | 494 |
| 16. | Gemma SIMPSON | 17 | Co Peterboro | | 32.17 | 490 |
| 17. | Bryony ROWSEL | 16 | Co Cambridge | | 32.21 | 488 |
| 18. | Ella DELVES | 14 | Stowmarket | | 32.27 | 485 |
| 18. | Megan TAYLOR | 15 | Mildenhall | | 32.27 | 485 |
| 20. | Molly NORMAN | 13 | Co Peterboro | | 32.28 | 485 |
| 21. | Eleanor PIRRIE | 12 | Runnymede | | 32.29 | 484 |
| 22. | Louise KING | 18 | Mid Beds | | 32.34 | 482 |
| 23. | Tamara RICHARDS | 16 | Huntingdon | | 32.41 | 479 |
| 24. | Katie SYKES | 16 | West Norfolk | | 32.46 | 477 |
| 25. | Charlotte DAVIS | 17 | Runnymede | | 32.47 | 476 |
| 26. | Charlotte OVENDEN | 15 | Modernians | | 32.65 | 469 |
| 27. | Natasha PIKE | 14 | Leighton Buz | | 32.78 | 463 |
| 28. | Kelly MURRAY | 18 | Sudbury | | 32.80 | 462 |
| 29. | Zoe SMITH | 18 | Luton | | 33.09 | 450 |
| 30. | Jessica JACKSON | 12 | Mid Beds | | 33.54 | 432 |
| 31. | Stephanie BIRD | 21 | Lstof & OB | 14 | 33.84 | 421 |
| 32. | Sarah BOWLING | 19 | West Norfolk | 9 | 38.58 | 284 |
| 33. | Jodie FLEMING | 15 | Colchester P | 6 | 1:03.07 | 65 |
| | Annie GROOME | 16 | Hoddesdon | | DNC | |

Multi-Disability by British Disability Points

| Place | Name | AaD | Club | Cat. | Time | BDPoints |
|-------|----------------|-----|--------------|------|---------|----------|
| 1. | Stephanie BIRD | 21 | Lstof & OB | 14 | 33.84 | 798 |
| 2. | Sarah BOWLING | 19 | West Norfolk | 9 | 38.58 | 575 |
| 3. | Jodie FLEMING | 15 | Colchester P | 6 | 1:03.07 | 312 |



ASA East Region 2009 Winter Championships (25m)

(Under ASA Laws & ASA Technical Rules)

Saturday 7th & Sunday 8th November

Licensed Meet - No. ERX927



EVENT 104 Mens 50m Butterfly

Full Results

| Place | Name | AaD | Club | Cat. | Time | FINA Pt |
|-------|--------------------|-----|--------------|------|-------|---------|
| 1. | Alexander RUST | 19 | Hatfield | | 25.80 | 663 |
| 2. | David GODRIDGE | 16 | Watford | | 26.48 | 613 |
| 3. | John SARGENT | 23 | Co Cambridge | | 26.62 | 604 |
| 4. | Sam MUNKLEY | 18 | Hatfield | | 26.63 | 603 |
| 5. | David HARRISON | 23 | Stowmarket | | 26.80 | 592 |
| 6. | Charles WALKER | 19 | Co Peterboro | | 26.90 | 585 |
| 7. | James ALLCHORNE | 20 | Hatfield | | 26.91 | 585 |
| 8. | James SUTHERLAND | 17 | Hatfield | | 27.09 | 573 |
| 9. | Thomas WILLIAMS | 24 | Sudbury | | 27.11 | 572 |
| 10. | Liam KNIGHT | 15 | Co Peterboro | | 27.18 | 567 |
| 11. | Troy LYNCH | 18 | teamipswich | | 27.33 | 558 |
| 12. | Kouji URATA | 19 | Hatfield | | 27.39 | 554 |
| 13. | Kevin PICKARD | 21 | Hatfield | | 27.42 | 553 |
| 14. | David KELLEWAY | 16 | Bishop Stort | | 27.44 | 551 |
| 15. | Justin LANGFORD | 19 | Hatfield | | 27.53 | 546 |
| 16. | Ricky JONES | 15 | Watford | | 27.55 | 545 |
| 17. | Andrew WEATHERITT | 18 | St Ives | | 27.61 | 541 |
| 18. | Paul O'DOHERTY | 17 | Hoddesdon | | 27.65 | 539 |
| 19. | Edward ALLCHORNE | 15 | Hatfield | | 27.66 | 538 |
| 20. | Joseph FREEZER | 24 | Stowmarket | | 27.75 | 533 |
| 21. | Jonathan POOK | 21 | Hatfield | | 27.78 | 531 |
| 22. | Jason DANIELS | 17 | Thurrock | | 27.79 | 531 |
| 23. | Lawrence PALMER | 16 | Luton | | 27.88 | 526 |
| 24. | Jack BURCHELL | 15 | Hitchin | | 28.03 | 517 |
| 25. | Sam WATTS | 23 | UEA Norwich | | 28.07 | 515 |
| 25. | Matthew WOOLDRIDGE | 18 | UEA Norwich | | 28.07 | 515 |
| 27. | Wade GRIFFITHS | 16 | teamipswich | | 28.09 | 514 |
| 28. | Jack LONG | 18 | Co Cambridge | | 28.29 | 503 |
| 29. | David CARLINE | 16 | Modernians | | 28.55 | 489 |
| 30. | Samuel BRIGGS | 16 | Modernians | | 28.57 | 488 |
| 31. | Thomas WINDER | 15 | Flitwick | | 28.62 | 486 |
| 32. | Morgan PUGH | 16 | Harpenden | | 28.66 | 484 |
| 33. | Sean COLLIER | 16 | West Suffolk | | 28.78 | 478 |
| 34. | Robert WHIGHT | 16 | Deben | | 28.83 | 475 |
| 35. | Joshua COLEBY | 13 | teamipswich | | 28.84 | 475 |
| 36. | Simon LIDDLE | 17 | Flitwick | | 28.88 | 473 |
| 37. | Ian DAVIES | 29 | Flitwick | | 28.89 | 472 |
| 38. | Ryan SKEELS | 15 | Huntingdon | | 28.95 | 469 |
| 39. | Joshua STEEL | 15 | Modernians | | 29.00 | 467 |
| 40. | Luke WESTWOOD | 19 | Co Cambridge | | 29.05 | 465 |
| 41. | Elliot COOK | 15 | teamipswich | | 29.06 | 464 |
| 42. | Jack BARTLETT | 14 | St Felix Sch | | 29.11 | 462 |
| 43. | Jay MUNKLEY | 15 | Hatfield | | 29.27 | 454 |
| 44. | Caleb HUGHES | 13 | Mid Beds | | 29.41 | 448 |
| 45. | Ryan CURRELL | 20 | Dunstable | | 29.43 | 447 |
| 46. | Adam OAKMAN | 19 | Co Cambridge | | 29.54 | 442 |
| 47. | Thomas STOKES | 16 | Co Peterboro | | 29.67 | 436 |
| 48. | Kenneth DAYMAN | 18 | FirstStrokes | | 29.92 | 425 |
| 49. | Reece BARCLAY | 18 | Hatfield | | 30.04 | 420 |

EVENT 105 Womens 100m Breaststroke

Full Results

| Place | Name | AaD | Club | Cat. | Time | FINA Pt | 50 |
|-------|----------------------|-----|--------------|------|---------|---------|-------|
| 1. | Alexandra HARRISON | 15 | St Felix Sch | | 1:13.90 | 671 | 34.96 |
| 2. | Heather RODWELL | 15 | teamipswich | | 1:15.77 | 623 | 36.26 |
| 3. | Fenella FOSKETT | 17 | Deben | | 1:16.63 | 602 | 36.52 |
| 4. | Emma WARRINGTON | 16 | Hoddesdon | | 1:16.96 | 594 | 35.95 |
| 5. | Charlotte OVENDEN | 15 | Modernians | | 1:17.13 | 591 | 36.33 |
| 6. | Bethan BOTTOMLEY | 14 | West Suffolk | | 1:17.79 | 576 | 37.09 |
| 7. | Christie BAYS | 13 | Hatfield | | 1:18.26 | 565 | 37.44 |
| 8. | Zoe SMITH | 15 | Lstof & OB | | 1:18.76 | 555 | 36.94 |
| 9. | Zara BAILEY | 13 | Co Peterboro | | 1:19.62 | 537 | 37.94 |
| 10. | Charlotte REID | 14 | Hatfield | | 1:19.64 | 536 | 37.89 |
| 11. | Fionnuala MAHER | 14 | Mid Beds | | 1:19.70 | 535 | 37.28 |
| 12. | Riasa DOUGLAS-COLLOW | 17 | St Felix Sch | | 1:20.21 | 525 | 37.53 |
| 13. | Alexandra HATT | 15 | Berkhamsted | | 1:21.48 | 501 | 38.11 |
| 14. | Amber SWALES | 14 | Mid Beds | | 1:21.61 | 499 | 39.50 |
| 15. | Tamara RICHARDS | 16 | Huntingdon | | 1:22.22 | 488 | 38.77 |
| 16. | Katie SYKES | 16 | West Norfolk | | 1:22.31 | 486 | 38.70 |
| 17. | Zoe SMITH | 18 | Luton | | 1:24.88 | 443 | 40.32 |
| 18. | Lauren HOBBS | 14 | Luton | 13 | 1:29.62 | 376 | 42.26 |
| 19. | Lauren SMITH | 16 | Epping Fort | 8 | 1:33.30 | 334 | 44.03 |
| 20. | Sarah BOWLING | 19 | West Norfolk | 9 | 1:36.98 | 297 | 45.95 |

Multi-Disability by British Disability Points

| Place | Name | AaD | Club | Cat. | Time | BDPoints | 50 |
|-------|---------------|-----|--------------|------|---------|----------|-------|
| 1. | Sarah BOWLING | 19 | West Norfolk | 9 | 1:36.98 | 612 | 45.95 |
| 2. | Lauren SMITH | 16 | Epping Fort | 8 | 1:33.30 | 610 | 44.03 |
| 3. | Lauren HOBBS | 14 | Luton | 13 | 1:29.62 | 596 | 42.26 |



ASA East Region 2009 Winter Championships (25m)

(Under ASA Laws & ASA Technical Rules)

Saturday 7th & Sunday 8th November

Licensed Meet - No. ERX927



EVENT 106 Mens 100m Breaststroke

Full Results

| Place | Name | AaD | Club | Cat. | Time | FINA Pt | 50 |
|-------|----------------------|-----|--------------|------|---------|---------|-------|
| 1. | Aaron LYNCH | 15 | teamipswich | | 1:06.13 | 659 | 30.76 |
| 2. | Nathan HENDERSON | 17 | Lstof & OB | | 1:06.99 | 634 | 31.79 |
| 3. | James ALLCHORNE | 20 | Hatfield | | 1:07.83 | 611 | 31.41 |
| 4. | Andrew EGAN | 16 | Hatfield | | 1:07.85 | 611 | 31.91 |
| 5. | Thomas WILLIAMS | 24 | Sudbury | | 1:07.91 | 609 | 31.87 |
| 6. | Lewis COLEMAN | 17 | teamipswich | | 1:08.22 | 601 | 31.73 |
| 7. | Thomas HOLLINGSWORTH | 21 | UEA Norwich | | 1:08.41 | 596 | 32.50 |
| 8. | Lawrence PALMER | 16 | Luton | | 1:08.53 | 593 | 32.46 |
| 9. | Luke WESTWOOD | 19 | Co Cambridge | | 1:09.00 | 581 | 32.45 |
| 10. | Ricky JONES | 15 | Watford | | 1:09.68 | 564 | 33.47 |
| 11. | Ho-On TO | 21 | Co Cambridge | | 1:10.16 | 552 | 32.72 |
| 12. | Roger MALLETT | 21 | Mid Beds | | 1:10.60 | 542 | 33.16 |
| 13. | Ewan CAMERON | 20 | Hatfield | | 1:10.81 | 537 | 33.28 |
| 14. | Aydin BERKI | 16 | St Felix Sch | | 1:11.22 | 528 | 32.78 |
| 15. | Wade GRIFFITHS | 16 | teamipswich | | 1:12.42 | 502 | 33.23 |
| 16. | Mark COLLINS | 16 | West Norfolk | | 1:12.56 | 499 | 33.43 |
| 17. | Simon WEIGHHELL | 16 | Flitwick | | 1:12.59 | 499 | 34.30 |
| 18. | Luke TARGET | 15 | Hatfield | | 1:13.86 | 473 | 34.80 |
| 19. | Thomas HEMPENSTALL | 18 | Colchester P | 14 | 1:35.61 | 218 | 44.40 |
| | Alexander DEAL | 17 | Sudbury | | DNC | | |

Multi-Disability by British Disability Points

| Place | Name | AaD | Club | Cat. | Time | BDPoints | 50 |
|-------|--------------------|-----|--------------|------|---------|----------|-------|
| 1. | Thomas HEMPENSTALL | 18 | Colchester P | 14 | 1:35.61 | 315 | 44.40 |

EVENT 107 Womens 400m IM

Full Results

| Place | Name | AaD | Club | Cat. | Time | FINA Pt | 300m | 350m | 400m |
|-------|----------------------|--------------|--------------|------|--------------|--------------|--------------|--------------|--------------|
| 1. | Ellis JACKSON | 15 | St Felix Sch | | 4:53.56 | 754 | | | |
| | 50m 30.52 | 100m 1:05.74 | 150m 1:42.17 | | 200m 2:18.61 | 250m 3:01.76 | 300m 3:45.56 | 350m 4:20.02 | 400m 4:53.56 |
| 2. | Charlotte HICKS | 13 | St Felix Sch | | 5:04.17 | 677 | | | |
| | 50m 32.52 | 100m 1:09.39 | 150m 1:48.94 | | 200m 2:27.98 | 250m 3:10.98 | 300m 3:55.10 | 350m 4:30.70 | 400m 5:04.17 |
| 3. | Carolyn ASTBURY | 17 | Watford | | 5:07.44 | 656 | | | |
| | 50m 33.21 | 100m 1:10.50 | 150m 1:49.66 | | 200m 2:27.93 | 250m 3:12.59 | 300m 3:57.85 | 350m 4:33.39 | 400m 5:07.44 |
| 4. | Chloe DAVIS | 15 | Runnymede | | 5:10.70 | 636 | | | |
| | 50m 32.02 | 100m 1:08.72 | 150m 1:48.58 | | 200m 2:27.47 | 250m 3:13.01 | 300m 3:59.73 | 350m 4:35.46 | 400m 5:10.70 |
| 5. | Holly BATEMAN | 14 | UEA Norwich | | 5:11.59 | 630 | | | |
| | 50m 33.66 | 100m 1:13.03 | 150m 1:51.83 | | 200m 2:30.06 | 250m 3:15.55 | 300m 4:01.62 | 350m 4:37.89 | 400m 5:11.59 |
| 6. | Laura ADAMS | 15 | UEA Norwich | | 5:12.15 | 627 | | | |
| | 50m 33.91 | 100m 1:12.94 | 150m 1:51.49 | | 200m 2:31.54 | 250m 3:16.91 | 300m 4:03.15 | 350m 4:38.34 | 400m 5:12.15 |
| 7. | Zara BAILEY | 13 | Co Peterboro | | 5:12.29 | 626 | | | |
| | 50m 33.61 | 100m 1:12.28 | 150m 1:52.98 | | 200m 2:32.38 | 250m 3:18.00 | 300m 4:02.27 | 350m 4:38.17 | 400m 5:12.29 |
| 8. | Kimberley ANASTASIOU | 14 | UEA Norwich | | 5:12.87 | 622 | | | |
| | 50m 35.45 | 100m 1:15.99 | 150m 1:53.47 | | 200m 2:30.32 | 250m 3:16.20 | 300m 4:02.88 | 350m 4:38.47 | 400m 5:12.87 |
| 9. | Nina WISEMAN | 16 | Braintree | | 5:16.80 | 600 | | | |
| | 50m 33.74 | 100m 1:12.62 | 150m 1:54.10 | | 200m 2:33.85 | 250m 3:19.75 | 300m 4:06.73 | 350m 4:42.54 | 400m 5:16.80 |
| 10. | Shannon HARROLD | 18 | Thurrock | | 5:18.07 | 592 | | | |
| | 50m 33.92 | 100m 1:12.56 | 150m 1:53.69 | | 200m 2:33.21 | 250m 3:19.37 | 300m 4:06.42 | 350m 4:42.84 | 400m 5:18.07 |
| 11. | Marcella ARIS | 14 | UEA Norwich | | 5:19.05 | 587 | | | |
| | 50m 35.24 | 100m 1:15.72 | 150m 1:53.73 | | 200m 2:31.71 | 250m 3:19.95 | 300m 4:07.80 | 350m 4:43.89 | 400m 5:19.05 |
| 12. | Poppy INGLESON | 14 | UEA Norwich | | 5:19.11 | 587 | | | |
| | 50m 33.25 | 100m 1:11.66 | 150m 1:52.67 | | 200m 2:32.19 | 250m 3:20.77 | 300m 4:09.08 | 350m 4:44.72 | 400m 5:19.11 |
| 13. | Molly NORMAN | 13 | Co Peterboro | | 5:22.94 | 566 | | | |
| | 50m 34.72 | 100m 1:15.97 | 150m 1:58.33 | | 200m 2:39.40 | 250m 3:25.17 | 300m 4:11.81 | 350m 4:48.68 | 400m 5:22.94 |
| 14. | Eleanor PIRRIE | 12 | Runnymede | | 5:24.37 | 559 | | | |
| | 50m 34.51 | 100m 1:13.16 | 150m 1:54.97 | | 200m 2:37.26 | 250m 3:23.59 | 300m 4:11.53 | 350m 4:47.52 | 400m 5:24.37 |
| 15. | Charlotte DELICATA | 17 | Thurrock | | 5:24.50 | 558 | | | |
| | 50m 35.64 | 100m 1:15.92 | 150m 1:57.05 | | 200m 2:36.43 | 250m 3:22.16 | 300m 4:09.05 | 350m 4:47.50 | 400m 5:24.50 |
| 16. | Amy STEWART | 15 | Watford | | 5:31.91 | 521 | | | |
| | 50m 34.63 | 100m 1:15.02 | 150m 1:56.05 | | 200m 2:37.16 | 250m 3:26.43 | 300m 4:14.59 | 350m 4:53.58 | 400m 5:31.91 |
| 17. | Emma HOLLIS | 17 | Epping Fort | 8 | 6:23.92 | 337 | | | |
| | 50m 40.22 | 100m 1:27.57 | 150m 2:16.90 | | 200m 3:04.70 | 250m 4:00.73 | 300m 4:58.42 | 350m 5:42.06 | 400m 6:23.92 |

Multi-Disability by British Disability Points

| Place | Name | AaD | Club | Cat. | Time | BDPoints | 300m | 350m | 400m |
|-------|-------------|--------------|--------------|------|--------------|--------------|--------------|--------------|--------------|
| 1. | Emma HOLLIS | 17 | Epping Fort | 8 | 6:23.92 | 1181 | | | |
| | 50m 40.22 | 100m 1:27.57 | 150m 2:16.90 | | 200m 3:04.70 | 250m 4:00.73 | 300m 4:58.42 | 350m 5:42.06 | 400m 6:23.92 |

EVENT 108 Mens 400m IM

Full Results

| Place | Name | AaD | Club | Time | FINA Pt | 300m | 350m | 400m |
|-------|----------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 1. | Lewis COLEMAN | 17 | teamipswich | 4:24.33 | 771 | | | |
| | 50m 27.86 | 100m 1:00.30 | 150m 1:34.20 | 200m 2:08.27 | 250m 2:45.09 | 300m 3:22.81 | 350m 3:54.14 | 400m 4:24.33 |
| 2. | Nicholas THOMPSON | 17 | UEA Norwich | 4:31.58 | 711 | | | |
| | 50m 28.87 | 100m 1:02.70 | 150m 1:37.11 | 200m 2:11.51 | 250m 2:49.20 | 300m 3:27.63 | 350m 3:59.56 | 400m 4:31.58 |
| 3. | Thomas HOLLINGSWORTH | 21 | UEA Norwich | 4:40.40 | 646 | | | |
| | 50m 28.61 | 100m 1:01.54 | 150m 1:38.26 | 200m 2:13.77 | 250m 2:53.06 | 300m 3:32.56 | 350m 4:07.07 | 400m 4:40.40 |
| 4. | Liam KNIGHT | 15 | Co Peterboro | 4:40.74 | 644 | | | |
| | 50m 29.68 | 100m 1:04.41 | 150m 1:40.14 | 200m 2:14.70 | 250m 2:55.86 | 300m 3:36.83 | 350m 4:09.57 | 400m 4:40.74 |
| 5. | Lewis KING | 19 | Hatfield | 4:41.54 | 638 | | | |
| | 50m 30.42 | 100m 1:04.76 | 150m 1:41.59 | 200m 2:17.38 | 250m 2:57.60 | 300m 3:38.73 | 350m 4:10.58 | 400m 4:41.54 |
| 6. | Charlie HAYES | 15 | Thurrock | 4:44.65 | 618 | | | |
| | 50m 31.23 | 100m 1:06.01 | 150m 1:42.62 | 200m 2:17.73 | 250m 2:57.46 | 300m 3:37.70 | 350m 4:11.91 | 400m 4:44.65 |



ASA East Region 2009 Winter Championships (25m)

(Under ASA Laws & ASA Technical Rules)

Saturday 7th & Sunday 8th November

Licensed Meet - No. ERX927



| | | | | | | | | | |
|-----|--------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--|
| 7. | Conor HARROLD | 16 | Thurrock | 4:44.86 | 616 | | | | |
| | 50m 30.59 | 100m 1:03.63 | 150m 1:39.47 | 200m 2:14.26 | 250m 2:56.90 | 300m 3:39.48 | 350m 4:12.89 | 400m 4:44.86 | |
| 8. | Caleb HUGHES | 13 | Mid Beds | 4:46.33 | 607 | | | | |
| | 50m 32.36 | 100m 1:07.40 | 150m 1:42.50 | 200m 2:17.83 | 250m 2:58.90 | 300m 3:41.06 | 350m 4:14.45 | 400m 4:46.33 | |
| 9. | Richard JEFFERIES | 14 | Co Cambridge | 4:46.69 | 605 | | | | |
| | 50m 30.40 | 100m 1:05.66 | 150m 1:43.00 | 200m 2:19.62 | 250m 3:01.41 | 300m 3:44.06 | 350m 4:15.56 | 400m 4:46.69 | |
| 10. | Chris TITTERINGTON | 18 | West Suffolk | 4:52.83 | 567 | | | | |
| | 50m 31.48 | 100m 1:07.25 | 150m 1:44.14 | 200m 2:20.81 | 250m 3:03.73 | 300m 3:47.31 | 350m 4:20.55 | 400m 4:52.83 | |
| 11. | James MITCHELL | 16 | Thurrock | 5:02.27 | 516 | | | | |
| | 50m 32.85 | 100m 1:10.28 | 150m 1:50.04 | 200m 2:27.58 | 250m 3:09.89 | 300m 3:53.33 | 350m 4:28.80 | 400m 5:02.27 | |
| 12. | Lawrence PALMER | 16 | Luton | 5:02.64 | 514 | | | | |
| | 50m 31.21 | 100m 1:08.53 | 150m 1:49.52 | 200m 2:28.87 | 250m 3:10.05 | 300m 3:52.16 | 350m 4:28.39 | 400m 5:02.64 | |
| 13. | Cameron BASHIR | 15 | Sudbury | 5:06.68 | 494 | | | | |
| | 50m 31.56 | 100m 1:09.64 | 150m 1:48.97 | 200m 2:28.33 | 250m 3:11.97 | 300m 3:55.47 | 350m 4:31.06 | 400m 5:06.68 | |
| | Luke WALSH | 16 | UEA Norwich | DQ SL-1L | | | | | |
| | Miles GARNER | 15 | UEA Norwich | DQ T-9L | | | | | |
| | Lewis HUGHES | 15 | UEA Norwich | DQ T-11L | | | | | |

EVENT 109 FINAL OF EVENT 101 Womens 200m Freestyle

Full Results

| Place | Name | AaD | Club | Time | FINA Pt | 50 | 100 | 150 |
|-------|--------------------|-----|--------------|---------|---------|-------|---------|---------|
| 1. | Bryony CAMPBELL | 15 | St Felix Sch | 2:02.69 | 791 | 28.98 | 1:00.23 | 1:31.78 |
| 2. | Ellis JACKSON | 15 | St Felix Sch | 2:02.70 | 791 | 28.95 | 1:00.17 | 1:31.96 |
| 3. | Rachael GEORGE | 19 | Hatfield | 2:04.37 | 760 | 29.23 | 1:00.47 | 1:32.38 |
| 4. | Sophie CHAMBERLAIN | 17 | St Felix Sch | 2:06.09 | 729 | 29.16 | 1:01.16 | 1:33.55 |
| 5. | Alice TENNANT | 16 | teamipswich | 2:08.03 | 697 | 29.54 | 1:01.84 | 1:34.83 |
| 6. | Elizabeth WINTER | 14 | Co Cambridge | 2:08.77 | 685 | 29.93 | 1:02.40 | 1:35.72 |
| 7. | Yasmin BITHREY | 15 | Mid Beds | 2:08.88 | 683 | 29.19 | 1:01.43 | 1:35.02 |
| 8. | Bethan BOTTOMLEY | 14 | West Suffolk | 2:12.65 | 626 | 30.11 | 1:03.13 | 1:37.69 |

EVENT 110 FINAL OF EVENT 102 Mens 200m Freestyle

Full Results

| Place | Name | AaD | Club | Time | FINA Pt | 50 | 100 | 150 |
|-------|-------------------|-----|--------------|---------|---------|-------|-------|---------|
| 1. | Charles WALKER | 19 | Co Peterboro | 1:49.95 | 802 | 24.73 | 51.86 | 1:20.32 |
| 2. | Sean LEAHY | 19 | Hatfield | 1:52.75 | 744 | 26.03 | 54.76 | 1:24.14 |
| 3. | Rece BARCLAY | 18 | Hatfield | 1:53.60 | 727 | 26.34 | 54.62 | 1:23.77 |
| 4. | Samuel MUNRO | 16 | St Felix Sch | 1:54.23 | 715 | 26.47 | 55.18 | 1:24.80 |
| 5. | David GODDRIDGE | 16 | Watford | 1:55.09 | 699 | 26.25 | 55.55 | 1:25.59 |
| 6. | Jack HOLLIS | 15 | teamipswich | 1:56.36 | 677 | 26.78 | 55.97 | 1:26.01 |
| 7. | Nicholas THOMPSON | 17 | UEA Norwich | 1:56.69 | 671 | 26.59 | 55.52 | 1:25.68 |
| 8. | Ryan TOMKINS | 15 | teamipswich | 1:57.67 | 654 | 27.11 | 56.94 | 1:27.55 |

EVENT 111 B FINAL OF EVENT 103 Womens 50m Butterfly

Full Results

| Place | Name | AaD | Club | Time | FINA Pt |
|-------|--------------------|-----|--------------|-------|---------|
| 1. | Alison BINNS | 13 | Watford | 31.15 | 540 |
| 2. | Rachael GEORGE | 19 | Hatfield | 31.22 | 536 |
| 3. | Charlotte HARRISON | 14 | Co Peterboro | 31.35 | 529 |
| 4. | Alice HEWSON | 12 | Berkhamsted | 31.49 | 522 |
| 5. | Charlotte REID | 14 | Hatfield | 31.87 | 504 |
| 6. | Gemma SIMPSON | 17 | Co Peterboro | 32.14 | 491 |
| 7. | Katie WHITING | 34 | UEA Norwich | 32.28 | 485 |
| 8. | Charlotte BEGG | 15 | Co Cambridge | 32.50 | 475 |

EVENT 112 FINAL OF EVENT 103 Womens 50m Butterfly

Full Results

| Place | Name | AaD | Club | Time | FINA Pt |
|-------|-----------------------|-----|--------------|-------|---------|
| 1. | Sophie CHAMBERLAIN | 17 | St Felix Sch | 28.97 | 671 |
| 2. | Zoe CRAY | 35 | teamipswich | 29.02 | 667 |
| 3. | Lucy CHARLES | 16 | Hoddesdon | 29.48 | 637 |
| 4. | Ellen OXBROW | 14 | teamipswich | 30.02 | 603 |
| 5. | Sara GREENWOOD | 22 | UEA Norwich | 30.75 | 561 |
| 6. | Kerriann CHIPPERFIELD | 16 | Thurrock | 30.87 | 554 |
| 7. | Chloe DAVIS | 15 | Runnymede | 31.12 | 541 |
| 8. | Lydia SMITH | 15 | Hatfield | 31.40 | 527 |

EVENT 113 B FINAL OF EVENT 104 Mens 50m Butterfly

Full Results

| Place | Name | AaD | Club | Time | FINA Pt |
|-------|-----------------|-----|--------------|-------|---------|
| 1. | Kevin PICKARD | 21 | Hatfield | 27.25 | 563 |
| 2. | Justin LANGFORD | 19 | Hatfield | 27.34 | 557 |
| 3. | Liam KNIGHT | 15 | Co Peterboro | 27.39 | 554 |
| 4. | Kouji URATA | 19 | Hatfield | 27.41 | 553 |
| 5. | Troy LYNCH | 18 | teamipswich | 27.57 | 544 |
| 6. | Thomas WILLIAMS | 24 | Sudbury | 27.67 | 538 |
| 7. | Ricky JONES | 15 | Watford | 27.70 | 536 |
| 8. | David KELLEWAY | 16 | Bishop Stort | 27.71 | 535 |



ASA East Region 2009 Winter Championships (25m)

(Under ASA Laws & ASA Technical Rules)

Saturday 7th & Sunday 8th November

Licensed Meet - No. ERX927



EVENT 114 FINAL OF EVENT 104 Mens 50m Butterfly

Full Results

| Place | Name | AaD | Club | Time | FINA Pt |
|-------|------------------|-----|--------------|-------|---------|
| 1. | Alexander RUST | 19 | Hatfield | 25.28 | 705 |
| 2. | Charles WALKER | 19 | Co Peterboro | 25.96 | 651 |
| 3. | James SUTHERLAND | 17 | Hatfield | 25.99 | 649 |
| 4. | John SARGENT | 23 | Co Cambridge | 26.00 | 648 |
| 5. | David HARRISON | 23 | Stowmarket | 26.26 | 629 |
| 6. | David GODRIDGE | 16 | Watford | 26.58 | 607 |
| 7. | Sam MUNKLEY | 18 | Hatfield | 26.67 | 600 |
| 8. | James ALLCHORNE | 20 | Hatfield | 27.01 | 578 |

EVENT 115 B FINAL OF EVENT 105 Womens 100m Breaststroke

Full Results

| Place | Name | AaD | Club | Time | FINA Pt | 50 |
|-------|----------------------|-----|--------------|---------|---------|-------|
| 1. | Charlotte REID | 14 | Hatfield | 1:19.95 | 530 | 38.12 |
| 2. | Katie SYKES | 16 | West Norfolk | 1:20.11 | 527 | 37.22 |
| 3. | Riasa DOUGLAS-COLLOW | 17 | St Felix Sch | 1:20.13 | 527 | 37.87 |
| 4. | Zara BAILEY | 13 | Co Peterboro | 1:20.32 | 523 | 38.64 |
| 5. | Fionnuala MAHER | 14 | Mid Beds | 1:20.51 | 519 | 38.17 |
| 6. | Amber SWALES | 14 | Mid Beds | 1:21.83 | 495 | 39.69 |
| 7. | Alexandra HATT | 15 | Berkhamsted | 1:21.84 | 494 | 38.11 |
| 8. | Tamara RICHARDS | 16 | Huntingdon | 1:22.63 | 480 | 38.62 |

EVENT 116 FINAL OF EVENT 105 Womens 100m Breaststroke

Full Results

| Place | Name | AaD | Club | Time | FINA Pt | 50 |
|-------|--------------------|-----|--------------|---------|---------|-------|
| 1. | Alexandra HARRISON | 15 | St Felix Sch | 1:13.53 | 682 | 34.70 |
| 2. | Heather RODWELL | 15 | teamipswich | 1:15.42 | 632 | 36.11 |
| 3. | Emma WARRINGTON | 16 | Hoddesdon | 1:15.81 | 622 | 36.07 |
| 4. | Fenella FOSKETT | 17 | Deben | 1:16.67 | 601 | 36.54 |
| 5. | Charlotte OVENDEN | 15 | Modernians | 1:17.33 | 586 | 36.74 |
| 6. | Bethan BOTTOMLEY | 14 | West Suffolk | 1:19.14 | 547 | 37.40 |
| 7. | Zoe SMITH | 15 | Lstof & OB | 1:19.30 | 543 | 37.63 |
| 8. | Christie BAYS | 13 | Hatfield | 1:19.39 | 542 | 37.71 |

EVENT 117 B FINAL OF EVENT 106 Mens 100m Breaststroke

Full Results

| Place | Name | AaD | Club | Time | FINA Pt | 50 |
|-------|----------------|-----|--------------|---------|---------|-------|
| 1. | Wade GRIFFITHS | 16 | teamipswich | 1:08.71 | 588 | 32.50 |
| 2. | Luke WESTWOOD | 19 | Co Cambridge | 1:09.01 | 580 | 32.12 |
| 3. | Ewan CAMERON | 20 | Hatfield | 1:09.32 | 573 | 32.73 |
| 4. | Ricky JONES | 15 | Watford | 1:09.49 | 568 | 33.26 |
| 5. | Ho-On TO | 21 | Co Cambridge | 1:10.19 | 551 | 33.37 |
| 6. | Roger MALLETT | 21 | Mid Beds | 1:12.28 | 505 | 34.10 |
| 7. | Aydin BERKI | 16 | St Felix Sch | 1:13.08 | 489 | 34.48 |
| | Simon WEIGHELL | 16 | Flitwick | DNC | | |

EVENT 118 FINAL OF EVENT 106 Mens 100m Breaststroke

Full Results

| Place | Name | AaD | Club | Time | FINA Pt | 50 |
|-------|----------------------|-----|-------------|---------|---------|-------|
| 1. | Lewis COLEMAN | 17 | teamipswich | 1:04.04 | 726 | 30.06 |
| 2. | Aaron LYNCH | 15 | teamipswich | 1:05.65 | 674 | 30.64 |
| 3. | James ALLCHORNE | 20 | Hatfield | 1:05.77 | 670 | 31.39 |
| 4. | Nathan HENDERSON | 17 | Lstof & OB | 1:06.65 | 644 | 31.47 |
| 5. | Andrew EGAN | 16 | Hatfield | 1:06.84 | 639 | 31.16 |
| 6. | Thomas HOLLINGSWORTH | 21 | UEA Norwich | 1:07.65 | 616 | 32.00 |
| 7. | Lawrence PALMER | 16 | Luton | 1:08.74 | 587 | 32.19 |
| 8. | Thomas WILLIAMS | 24 | Sudbury | 1:08.99 | 581 | 32.38 |